



Winterlaufserie 2015 / 2.Lauf  
Creuzburg / 22.02.2015

Detailed evaluation

Görlach, Folker

Club: Hainichläufer  
Number: 310

Course: 11.30 km  
Langdistanz

Category:  
Senioren M75 (75 und älter)

Total time: 1:07:00

Speed: 9.85 km/h  
Running performance: 5:56 min/km

Rank in course/Total: 131 (of 144)

Rank in course/Men: 57 (of 116)

Best time in course: 37:53

Rank in category: 3(of 6)

Best time in the category: 1:03:43