



Winterlaufserie 2015 / 2.Lauf
Creuzburg / 22.02.2015

Detailed evaluation

Quasniczka, Kerstin

Club: Wartburg-Sparkasse
Number: 156

Course: 5.50 km
Kurzdistanz

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 29:40

Speed: 10.11 km/h
Running performance: 5:23 min/km

Rank in course/Total: 65 (of 106)

Rank in course/Women: 8 (of 34)

Best time in course: 24:44

Rank in category: 1(of 2)

Best time in the category: 29:40