



Winterlaufserie 2015 / 2.Lauf
Creuzburg / 22.02.2015

Detailed evaluation

Held, Alexander

Club: Schmalkalden
Number: 249

Course: 11.30 km
Langdistanz

Category:
Senioren M40 (40-44 Jahre)

Total time: 45:23

Speed: 14.94 km/h
Running performance: 4:01 min/km

Rank in course/Total: 21 (of 144)

Rank in course/Men: 11 (of 116)

Best time in course: 37:53

Rank in category: 5(of 24)

Best time in the category: 42:01