



Winterlaufserie 2015 / 2.Lauf  
Creuzburg / 22.02.2015

Detailed evaluation

Hesse, Uwe

Club: Physio K.Hesse  
Number: 266

Course: 11.30 km  
Langdistanz

Category:  
Senioren M55 (55-59 Jahre)

Total time: 45:47

Speed: 14.42 km/h  
Running performance: 4:03 min/km

Rank in course/Total: 25 (of 144)

Rank in course/Men: 13 (of 116)

Best time in course: 37:53

Rank in category: 1(of 8)

Best time in the category: 45:47