



Winterlaufserie 2015 / 2.Lauf
Creuzburg / 22.02.2015

Detailed evaluation

Steinwachs, Bert

Club: SV Normania Treffurt
Number: 177

Course: 5.50 km
Kurzdistanz

Category:
Senioren M40 (40-44 Jahre)

Total time: 22:41

Speed: 14.55 km/h
Running performance: 4:07 min/km

Rank in course/Total: 13 (of 106)

Rank in course/Men: 7 (of 72)

Best time in course: 19:36

Rank in category: 2(of 6)

Best time in the category: 22:22