



Winterlaufserie 2015 / 2.Lauf  
Creuzburg / 22.02.2015

Detailed evaluation

Freitag, Annett

Club: Eisenacher LV  
Number: 285

Course: 11.30 km  
Langdistanz

Category:  
Seniorinnen W45 (45-49 Jahre)

Total time: 54:04

Speed: 12.54 km/h  
Running performance: 4:47 min/km

Rank in course/Total: 69 (of 144)

Rank in course/Women: 5 (of 28)

Best time in course: 50:43

Rank in category: 3(of 10)

Best time in the category: 53:04