



Winterlaufserie 2015 / 2.Lauf
Creuzburg / 22.02.2015

Detailed evaluation

Heintze, Kai

Club: Hainichläufer
Number: 247

Course: 11.30 km
Langdistanz

Category:
Senioren M45 (45-49 Jahre)

Total time: 54:15

Speed: 12.17 km/h
Running performance: 4:48 min/km

Rank in course/Total: 71 (of 144)

Rank in course/Men: 31 (of 116)

Best time in course: 37:53

Rank in category: 4(of 12)

Best time in the category: 45:26