



Winterlaufserie 2015 / 3.Lauf
Creuzburg / 29.03.2015

Detailed evaluation

Andrä, Mario

Club: Laufftreff Breitungen
Number: 223

Course: 5.50 km
Kurzdistanz

Category:
Senioren M45 (45-49 Jahre)

Total time: 24:04

Speed: 13.71 km/h
Running performance: 4:23 min/km

Rank in course/Total: 21 (of 100)

Rank in course/Men: 11 (of 74)

Best time in course: 20:25

Rank in category: 2(of 4)

Best time in the category: 20:25