



Winterlaufserie 2015 / 3.Lauf  
Creuzburg / 29.03.2015

Detailed evaluation

Hennig, Bernhard

Club: Zack- Zack Runners Eisenach  
Number: 179

Course: 5.50 km  
Kurzdistanz

Category:  
Senioren M65 (65-69 Jahre)

Total time: 27:50

Speed: 11.86 km/h  
Running performance: 5:04 min/km

Rank in course/Total: 51 (of 100)

Rank in course/Men: 22 (of 74)

Best time in course: 20:25

Rank in category: 2(of 6)

Best time in the category: 23:41