



Winterlaufserie 2015 / 3.Lauf
Creuzburg / 29.03.2015

Detailed evaluation

Quasniczka, Kerstin

Club: Wartburg-Sparkasse
Number: 207

Course: 5.50 km
Kurzdistanz

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 28:37

Speed: 11.53 km/h
Running performance: 5:12 min/km

Rank in course/Total: 57 (of 100)

Rank in course/Women: 6 (of 26)

Best time in course: 24:10

Rank in category: 1(of 2)

Best time in the category: 28:37