



Winterlaufserie 2015 / 3.Lauf
Creuzburg / 29.03.2015

Detailed evaluation

Steinwachs, Bert

Club: SV Normania Treffurt
Number: 228

Course: 5.50 km
Kurzdistanz

Category:
Senioren M40 (40-44 Jahre)

Total time: 21:39

Speed: 13.86 km/h
Running performance: 3:56 min/km

Rank in course/Total: 5 (of 100)

Rank in course/Men: 3 (of 74)

Best time in course: 20:25

Rank in category: 1(of 8)

Best time in the category: 21:39