



Winterlaufserie 2015 / 3.Lauf  
Creuzburg / 29.03.2015

Detailed evaluation

Nussbicker, Dieter

Club: Sonntagläufer Tambach  
Number: 186

Course: 5.50 km  
Kurzdistanz

Category:  
Senioren M55 (55-59 Jahre)

Total time: 28:58

Speed: 11.39 km/h  
Running performance: 5:16 min/km

Rank in course/Total: 65 (of 100)

Rank in course/Men: 25 (of 74)

Best time in course: 20:25

Rank in category: 1(of 2)

Best time in the category: 28:58