



Winterlaufserie 2015 / 3.Lauf
Creuzburg / 29.03.2015

Detailed evaluation

Gössel, Tino

Club: WSC 07 Ruhla
Number: 208

Course: 5.50 km
Kurzdistanz

Category:
Senioren M40 (40-44 Jahre)

Total time: 30:03

Speed: 9.98 km/h
Running performance: 5:28 min/km

Rank in course/Total: 77 (of 100)

Rank in course/Men: 28 (of 74)

Best time in course: 20:25

Rank in category: 4(of 8)

Best time in the category: 21:39