



Winterlaufserie 2015 / 3.Lauf  
Creuzburg / 29.03.2015

Detailed evaluation

Winter, Torsten

Club: SV Icktershausen  
Number: 199

Course: 5.50 km  
Kurzdistanz

Category:  
Senioren M40 (40-44 Jahre)

Total time: 22:07

Speed: 14.92 km/h  
Running performance: 4:01 min/km

Rank in course/Total: 7 (of 100)

Rank in course/Men: 4 (of 74)

Best time in course: 20:25

Rank in category: 2(of 8)

Best time in the category: 21:39