



Winterlaufserie 2015 / 3.Lauf  
Creuzburg / 29.03.2015

Detailed evaluation

Gräf, Walter

Club: Ski-Nordisch-Tabarz  
Number: 209

Course: 5.50 km  
Kurzdistanz

Category:  
Senioren M70 (70-74 Jahre)

Total time: 34:46

Speed: 8.63 km/h  
Running performance: 6:19 min/km

Rank in course/Total: 93 (of 100)

Rank in course/Men: 35 (of 74)

Best time in course: 20:25

Rank in category: 2(of 6)

Best time in the category: 33:56