



Winterlaufserie 2015 / 3.Lauf
Creuzburg / 29.03.2015

Detailed evaluation

Dressler, Marco

Club: Bruchstedt
Number: 340

Course: 11.30 km
Langdistanz

Category:
Senioren M45 (45-49 Jahre)

Total time: 45:57

Speed: 14.76 km/h
Running performance: 4:04 min/km

Rank in course/Total: 21 (of 98)

Rank in course/Men: 11 (of 82)

Best time in course: 39:49

Rank in category: 2(of 18)

Best time in the category: 45:02