



Winterlaufserie 2015 / 3.Lauf  
Creuzburg / 29.03.2015

Detailed evaluation

**Bertram, Sascha**

Club: Eisenach  
Number: 318

Course: 11.30 km  
Langdistanz

Category:  
Senioren M30 (30-34 Jahre)

Total time: 52:04

Speed: 12.68 km/h  
Running performance: 4:37 min/km

Rank in course/Total: 41 (of 98)

Rank in course/Men: 20 (of 82)

Best time in course: 39:49

Rank in category: 4(of 8)

Best time in the category: 43:49