



Winterlaufserie 2015 / 3.Lauf  
Creuzburg / 29.03.2015

Detailed evaluation

Freitag, Annett

Club: Eisenacher LV  
Number: 343

Course: 11.30 km  
Langdistanz

Category:  
Seniorinnen W45 (45-49 Jahre)

Total time: 53:27

Speed: 12.35 km/h  
Running performance: 4:44 min/km

Rank in course/Total: 47 (of 98)  
Rank in course/Women: 2 (of 16)  
Best time in course: 50:33

Rank in category: 1(of 2)  
Best time in the category: 53:27