



Winterlaufserie 2015 / 3.Lauf
Creuzburg / 29.03.2015

Detailed evaluation

Wölfel, Roland

Club: Stedtfelder Rennsteigfreunde 1979
Number: 339

Course: 11.30 km
Langdistanz

Category:
Senioren M55 (55-59 Jahre)

Total time: 56:56

Speed: 11.59 km/h
Running performance: 5:02 min/km

Rank in course/Total: 65 (of 98)

Rank in course/Men: 29 (of 82)

Best time in course: 39:49

Rank in category: 2(of 4)

Best time in the category: 45:43