



Winterlaufserie 2015 / 3.Lauf  
Creuzburg / 29.03.2015

Detailed evaluation

Schumann, Bolko

Club: Eisenacher LV

Number: 335

Course: 11.30 km

Langdistanz

Category:

Senioren M45 (45-49 Jahre)

Total time: 58:03

Speed: 11.68 km/h

Running performance: 5:08 min/km

Rank in course/Total: 71 (of 98)

Rank in course/Men: 32 (of 82)

Best time in course: 39:49

Rank in category: 8(of 18)

Best time in the category: 45:02