



Winterlaufserie 2015 / 3.Lauf
Creuzburg / 29.03.2015

Detailed evaluation

Gerlach, Astrid

Club: SV Blau Weiß 90 Creuzburg
Number: 363

Course: 11.30 km
Langdistanz

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 58:24

Speed: 11.30 km/h
Running performance: 5:10 min/km

Rank in course/Total: 79 (of 98)

Rank in course/Women: 5 (of 16)

Best time in course: 50:33

Rank in category: 1(of 6)

Best time in the category: 58:24