



Winterlaufserie 2015 / 3.Lauf
Creuzburg / 29.03.2015

Detailed evaluation

Heintze, Sandra

Club: Hainichläufer

Number: 323

Course: 11.30 km

Langdistanz

Category:

Seniorinnen W40 (40-44 Jahre)

Total time: 58:52

Speed: 11.52 km/h

Running performance: 5:13 min/km

Rank in course/Total: 81 (of 98)

Rank in course/Women: 6 (of 16)

Best time in course: 50:33

Rank in category: 2(of 6)

Best time in the category: 58:24