



Winterlaufserie 2015 / 3.Lauf
Creuzburg / 29.03.2015

Detailed evaluation

Matthes, Jan

Club: Laufftreff Breitung
Number: 353

Course: 11.30 km
Langdistanz

Category:
Senioren M50 (50-54 Jahre)

Total time: 1:05:09

Speed: 10.41 km/h
Running performance: 5:46 min/km

Rank in course/Total: 93 (of 98)

Rank in course/Men: 40 (of 82)

Best time in course: 39:49

Rank in category: 7(of 16)

Best time in the category: 45:17