



# 100MeilenBerlin □ Berlin Wall Race 100 Miles

Berlin / 13.08.2016

## Detailed evaluation

**Gullerström, Patrik**

Club: Sollentuna

Number: 2

Course: 161.90 km

100MeilenBerlin

Category:

Senioren M40 (40-44 Jahre)

Total time: 19:52:03

Speed: 8.10 km/h

Running performance: 7:22 min/km

Rank in course/Total: 28 (of 319)

Rank in course/Men: 24 (of 257)

Best time in course: 15:20:48

Rank in category: 2(of 31)

Best time in the category: 15:20:48

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
VP1 - Brandenbu	7.30	41:02	5:37	4	1:25	18	7:45	7.30	41:02	5:37	4	1:25	18	7:45
VP2 - East Side C	6.46	37:25	5:47	4	3:07	29	7:19	13.76	1:18:27	5:42	4	4:27	19	14:49
VP3 - Dammweg	5.90	33:53	5:44	6	2:54	34	6:18	19.66	1:52:20	5:42	4	7:20	21	19:39
VP4 - Johannisth	5.64	32:55	5:50	5	3:59	34	6:20	25.30	2:25:15	5:44	5	11:19	24	25:59
VP5 - U-Bahnhof	5.90	34:26	5:50	4	3:50	25	5:32	31.20	2:59:41	5:45	5	15:09	26	31:09
VP6 - Buckow	4.92	29:13	5:56	3	2:59	20	4:35	36.12	3:28:54	5:47	5	18:08	25	35:44
VP7 - Kirchhainer	6.17	36:45	5:57	3	3:53	20	5:41	42.29	4:05:39	5:48	3	22:01	21	41:25
VP8 - Lichtenradi	4.37	25:08	5:45	2	1:55	15	3:03	46.66	4:30:47	5:48	3	23:56	20	44:28
VP9 - Osdorfer St	5.71	30:55	5:24	2	0:15	10	1:23	52.37	5:01:42	5:45	3	24:11	19	45:51
VP10 - Sportplatz	6.50	43:31	6:41	2	6:15	23	8:41	58.87	5:45:13	5:51	3	30:26	16	54:32
VP11 - Königsw	6.22	36:38	5:53	2	2:28	5	2:28	65.09	6:21:51	5:51	2	32:54	15	49:38
VP12 - Gedenkst	6.85	45:33	6:38	2	6:09	17	7:10	71.94	7:07:24	5:56	2	39:03	15	52:39
VP13 - Brauhaus	6.88	47:45	6:56	2	8:58	21	9:05	78.82	7:55:09	6:01	2	48:01	14	56:44
VP14 - Revierförs	5.70	43:16	7:35	3	9:27	27	11:12	84.52	8:38:25	6:08	2	57:28	15	1:05:40
VP15 - Schloss S	6.24	47:27	7:36	2	10:56	16	10:56	90.76	9:25:52	6:14	2	1:08:24	13	1:13:53
VP16 - Pagel & Fi	7.60	57:50	7:36	2	12:13	17	14:07	98.36	10:23:42	6:20	2	1:20:37	13	1:23:30
VP17 - Karolinenl	4.91	42:02	8:33	6	13:32	65	13:35	103.27	11:05:44	6:26	2	1:34:09	15	1:34:09
VP18 - Falkensee	6.60	50:36	7:40	4	11:16	31	12:14	109.87	11:56:20	6:31	2	1:45:25	17	1:45:25
VP19 - Schönwal	5.95	50:50	8:32	4	15:34	46	15:34	115.82	12:47:10	6:37	2	2:00:59	18	2:00:59
VP20 - Grenzturn	7.60	1:02:12	8:11	3	19:01	33	19:01	123.42	13:49:22	6:43	2	2:20:00	17	2:20:00
VP21 - Ruderclub	4.78	46:25	9:42	3	19:10	44	19:10	128.20	14:35:47	6:49	2	2:39:10	19	2:39:10
VP22 - Frohnau	4.07	43:20	10:38	11	18:45	110	18:51	132.27	15:19:07	6:56	2	2:57:55	20	2:57:55
VP23 - Naturschu	6.61	1:09:48	10:33	8	28:42	92	30:09	138.88	16:28:55	7:07	2	3:26:37	25	3:26:37
VP24 - Oranienbu	4.98	50:00	10:02	7	19:19	66	20:14	143.86	17:18:55	7:13	2	3:45:56	24	3:45:56
VP25 - Laufftreff l	5.34	51:47	9:41	5	18:57	63	21:50	149.20	18:10:42	7:18	2	4:04:53	23	4:04:53
VP26 - Wilhelmsr	5.72	45:46	8:00	4	13:08	42	13:38	154.92	18:56:28	7:20	2	4:18:01	24	4:18:01
VP27 - Wollankst	3.02	26:57	8:55	6	6:19	36	17:22	157.94	19:23:25	7:21	2	4:24:20	25	11:52:16
Friedrich-Ludwig	3.96	28:38	7:13	6	6:55	42	8:13	161.90	19:52:03	7:21	2	4:31:15	24	4:31:15