



# 100MeilenBerlin □ Berlin Wall Race 100 Miles

Berlin / 13.08.2016

## Detailed evaluation

**Ciocchetti, Massimo**

Club: G.S.BANCARI ROMANI

Number: 183

Course: 161.90 km

100MeilenBerlin

Category:

Senioren M30 (30-34 Jahre)

Total time: 20:09:54

Speed: 7.98 km/h

Running performance: 7:28 min/km

Rank in course/Total: 30 (of 319)

Rank in course/Men: 25 (of 257)

Best time in course: 15:20:48

Rank in category: 1(of 12)

Best time in the category: 20:09:54

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
VP1 - Brandenbu	7.30	40:55	5:36	1	-	16	7:38	7.30	40:55	5:36	1	-	16	7:38
VP2 - East Side C	6.46	34:50	5:23	1	-	12	4:44	13.76	1:15:45	5:30	1	-	15	12:07
VP3 - Dammweg	5.90	30:39	5:11	1	-	8	3:04	19.66	1:46:24	5:24	1	-	11	13:43
VP4 - Johannisth	5.64	30:15	5:21	2	0:05	14	3:40	25.30	2:16:39	5:24	1	-	12	17:23
VP5 - U-Bahnhof	5.90	32:46	5:33	1	-	14	3:52	31.20	2:49:25	5:25	1	-	13	20:53
VP6 - Buckow	4.92	31:23	6:22	3	3:31	51	6:45	36.12	3:20:48	5:33	1	-	13	27:38
VP7 - Kirchhainer	6.17	40:51	6:37	4	6:09	47	9:47	42.29	4:01:39	5:42	2	5:31	17	37:25
VP8 - Lichtenradi	4.37	27:07	6:12	3	1:11	36	5:02	46.66	4:28:46	5:45	2	6:42	19	42:27
VP9 - Osdorfer St	5.71	33:18	5:49	2	0:11	19	3:46	52.37	5:02:04	5:46	2	6:53	20	46:13
VP10 - Sportplatz	6.50	44:25	6:49	2	4:11	25	9:35	58.87	5:46:29	5:53	2	11:04	19	55:48
VP11 - Königsw	6.22	50:49	8:10	7	7:43	90	16:39	65.09	6:37:18	6:06	2	18:47	21	1:05:05
VP12 - Gedenkst	6.85	48:38	7:05	2	5:06	27	10:15	71.94	7:25:56	6:11	2	23:53	21	1:11:11
VP13 - Brauhaus	6.88	57:08	8:18	6	6:43	78	18:28	78.82	8:23:04	6:22	3	28:30	24	1:24:39
VP14 - Revierförs	5.70	53:09	9:19	6	10:34	118	21:05	84.52	9:16:13	6:34	2	39:04	27	1:43:28
VP15 - Schloss S	6.24	1:10:45	11:20	8	28:39	116	34:14	90.76	10:26:58	6:54	3	1:07:43	32	2:14:59
VP16 - Pagel & Fi	7.60	1:03:06	8:18	3	3:16	42	19:23	98.36	11:30:04	7:00	2	1:09:31	31	2:29:52
VP17 - Karolinenl	4.91	43:10	8:47	6	4:58	72	14:43	103.27	12:13:14	7:06	2	1:14:29	32	2:41:39
VP18 - Falkensee	6.60	38:50	5:53	1	-	2	0:28	109.87	12:52:04	7:01	2	1:00:21	29	2:41:09
VP19 - Schönwal	5.95	1:03:30	10:40	6	13:35	113	28:14	115.82	13:55:34	7:12	2	1:13:40	32	3:09:23
VP20 - Grenzturn	7.60	57:48	7:36	1	-	17	14:37	123.42	14:53:22	7:14	2	1:04:30	30	3:24:00
VP21 - Ruderclub	4.78	49:47	10:24	4	11:54	64	22:32	128.20	15:43:09	7:21	2	1:16:24	31	3:46:32
VP22 - Frohnau	4.07	35:18	8:40	1	-	36	10:49	132.27	16:18:27	7:23	2	1:14:04	31	3:57:15
VP23 - Naturschu	6.61	1:00:26	9:08	2	2:41	47	20:47	138.88	17:18:53	7:28	2	57:38	31	4:16:35
VP24 - Oranienbu	4.98	46:02	9:14	1	-	43	16:16	143.86	18:04:55	7:32	2	44:22	31	4:31:56
VP25 - Laufftreff l	5.34	39:06	7:19	2	2:38	9	9:09	149.20	18:44:01	7:32	2	6:47	28	4:38:12
VP26 - Wilhelmsr	5.72	41:43	7:17	2	4:16	27	9:35	154.92	19:25:44	7:31	1	-	27	4:47:17
VP27 - Wollankst	3.02	20:44	6:51	2	0:05	7	11:09	157.94	19:46:28	7:30	1	-	26	12:15:19
Friedrich-Ludwig	3.96	23:26	5:55	1	-	10	3:01	161.90	20:09:54	7:28	1	-	25	4:49:06