



100MeilenBerlin □ Berlin Wall Race 100 Miles

Berlin / 13.08.2016

Detailed evaluation

Szech, Tanya

Club: Wennigsen

Number: 159

Course: 161.90 km

100MeilenBerlin

Category:

Seniorinnen W40 (40-44 Jahre)

Total time: 20:46:14

Speed: 7.75 km/h

Running performance: 7:42 min/km

Rank in course/Total: 41 (of 319)

Rank in course/Women: 8 (of 62)

Best time in course: 17:03:32

Rank in category: 2(of 11)

Best time in the category: 18:39:44

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
VP1 - Brandenbu	7.30	46:53	6:25	4	5:36	16	5:55	7.30	46:53	6:25	4	5:36	16	5:55
VP2 - East Side C	6.46	42:30	6:34	3	5:53	17	7:42	13.76	1:29:23	6:29	4	11:29	18	13:37
VP3 - Dammweg	5.90	36:10	6:07	2	2:19	10	5:13	19.66	2:05:33	6:23	3	13:48	12	18:50
VP4 - Johannisth	5.64	36:46	6:31	3	6:13	15	6:55	25.30	2:42:19	6:24	3	20:01	14	25:45
VP5 - U-Bahnhof	5.90	39:25	6:40	3	5:24	14	7:41	31.20	3:21:44	6:27	3	25:25	14	33:26
VP6 - Buckow	4.92	37:32	7:37	5	7:49	27	9:37	36.12	3:59:16	6:37	3	33:14	15	43:03
VP7 - Kirchhainer	6.17	46:27	7:31	5	10:09	20	11:06	42.29	4:45:43	6:45	3	43:23	17	54:09
VP8 - Lichtenradi	4.37	30:40	7:01	3	4:20	17	6:56	46.66	5:16:23	6:46	3	47:43	17	1:01:05
VP9 - Osdorfer St	5.71	43:22	7:35	6	7:30	29	11:20	52.37	5:59:45	6:52	3	55:13	17	1:11:27
VP10 - Sportplatz	6.50	56:00	8:36	3	17:01	16	19:34	58.87	6:55:45	7:03	3	1:12:14	17	1:30:12
VP11 - Königsw	6.22	45:28	7:18	2	5:08	7	8:32	65.09	7:41:13	7:05	3	1:17:22	17	1:33:26
VP12 - Gedenkst	6.85	54:37	7:58	5	9:36	20	13:37	71.94	8:35:50	7:10	3	1:26:58	17	1:43:43
VP13 - Brauhaus	6.88	55:19	8:02	3	10:04	15	12:02	78.82	9:31:09	7:14	3	1:37:02	15	1:52:10
VP14 - Revierförs	5.70	47:11	8:16	3	4:41	12	7:47	84.52	10:18:20	7:18	3	1:41:43	14	1:55:55
VP15 - Schloss S	6.24	51:58	8:19	2	9:03	9	11:43	90.76	11:10:18	7:23	3	1:50:46	13	2:07:38
VP16 - Pagel & Fi	7.60	59:08	7:46	2	3:00	7	6:28	98.36	12:09:26	7:24	3	1:53:46	12	2:14:06
VP17 - Karolinenl	4.91	40:11	8:11	2	4:28	10	8:53	103.27	12:49:37	7:27	3	1:58:14	12	2:22:59
VP18 - Falkensee	6.60	49:15	7:27	1	-	3	8:02	109.87	13:38:52	7:27	2	1:57:49	11	2:31:01
VP19 - Schönwal	5.95	44:21	7:27	1	-	4	6:32	115.82	14:23:13	7:27	2	1:53:15	10	2:31:58
VP20 - Grenzturn	7.60	1:06:35	8:45	2	0:24	10	18:10	123.42	15:29:48	7:32	2	1:53:39	9	2:50:08
VP21 - Ruderclub	4.78	40:33	8:28	2	5:41	7	7:39	128.20	16:10:21	7:34	2	1:59:20	9	2:57:47
VP22 - Frohnau	4.07	35:07	8:37	2	6:06	6	8:51	132.27	16:45:28	7:36	2	2:05:26	9	3:06:15
VP23 - Naturschu	6.61	56:51	8:36	2	3:49	5	10:47	138.88	17:42:19	7:38	2	2:09:15	9	3:16:35
VP24 - Oranienbu	4.98	40:49	8:11	2	2:39	4	7:09	143.86	18:23:08	7:40	2	2:11:54	9	3:23:44
VP25 - Laufftreff l	5.34	42:25	7:56	1	-	4	6:21	149.20	19:05:33	7:40	2	2:11:23	9	3:27:53
VP26 - Wilhelmsr	5.72	48:14	8:25	2	1:32	11	10:18	154.92	19:53:47	7:42	2	2:12:55	9	3:38:11
VP27 - Wollankst	3.02	24:29	8:06	1	-	3	3:05	157.94	20:18:16	7:42	2	2:11:25	9	3:39:08
Friedrich-Ludwig	3.96	27:58	7:03	1	-	5	5:47	161.90	20:46:14	7:41	2	2:06:30	8	3:42:42