



# 100MeilenBerlin □ Berlin Wall Race 100 Miles

Berlin / 13.08.2016

## Detailed evaluation

### Ost West West Ost

Club: Ost West West Ost

Number: 4020

Course: 161.90 km

100MeilenBerlin - 4er Staffel

Category:

4er Staffel

Total time: 20:43:46

Speed: 7.77 km/h

Running performance: 7:41 min/km

Rank in course/Total: 43 (of 51)

Rank in course/Total: 43 (of 51)

Best time in course: 12:47:10

Rank in category: 43(of 51)

Best time in the category: 12:47:10

| Intermediate times  |          |            |              | Stage score |             |           |              | Total ranking |            |              |          |             |           |              |
|---------------------|----------|------------|--------------|-------------|-------------|-----------|--------------|---------------|------------|--------------|----------|-------------|-----------|--------------|
| Control             | Split km | Split Time | Split min/km | Pos Cat.    | Behind Cat. | Pos Total | Behind Total | Total km      | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Total | Behind Total |
| VP1 - Brandenbu     | 7.30     | 40:59      | 5:36         | 23          | 11:44       | 23        | 11:44        | 7.30          | 40:59      | 5:36         | 23       | 11:44       | 23        | 11:44        |
| VP2 - East Side C   | 6.46     | 41:35      | 6:26         | 33          | 14:48       | 33        | 14:48        | 13.76         | 1:22:34    | 6:00         | 26       | 26:32       | 26        | 26:32        |
| VP3 - Dammweg       | 5.90     | 34:35      | 5:51         | 20          | 9:00        | 20        | 9:00         | 19.66         | 1:57:09    | 5:57         | 25       | 35:32       | 25        | 35:32        |
| VP4 - Johannisth    | 5.64     | 34:24      | 6:05         | 24          | 9:43        | 24        | 9:43         | 25.30         | 2:31:33    | 5:59         | 25       | 44:41       | 25        | 44:41        |
| VP5 - U-Bahnhof     | 5.90     | 40:16      | 6:49         | 33          | 14:56       | 33        | 14:56        | 31.20         | 3:11:49    | 6:08         | 25       | 59:37       | 25        | 59:37        |
| VP6 - Buckow        | 4.92     | 35:31      | 7:13         | 31          | 13:48       | 31        | 13:48        | 36.12         | 3:47:20    | 6:17         | 27       | 1:13:10     | 27        | 1:13:10      |
| VP7 - Kirchhainer   | 6.17     | 51:38      | 8:22         | 41          | 23:08       | 41        | 23:08        | 42.29         | 4:38:58    | 6:35         | 29       | 1:35:38     | 29        | 1:35:38      |
| VP8 - Lichtenradi   | 4.37     | 32:04      | 7:20         | 30          | 11:48       | 30        | 11:48        | 46.66         | 5:11:02    | 6:39         | 31       | 1:47:26     | 31        | 1:47:26      |
| VP9 - Osdorfer St   | 5.71     | 39:09      | 6:51         | 25          | 12:39       | 25        | 12:39        | 52.37         | 5:50:11    | 6:41         | 29       | 1:59:25     | 29        | 1:59:25      |
| VP10 - Sportplatz   | 6.50     | 54:59      | 8:27         | 36          | 23:02       | 36        | 23:02        | 58.87         | 6:45:10    | 6:52         | 30       | 2:22:27     | 30        | 2:22:27      |
| VP11 - Königsw      | 6.22     | 42:11      | 6:46         | 40          | 15:36       | 40        | 15:36        | 65.09         | 7:27:21    | 6:52         | 32       | 2:35:36     | 32        | 2:35:36      |
| VP12 - Gedenkst     | 6.85     | 45:24      | 6:37         | 33          | 15:13       | 33        | 15:13        | 71.94         | 8:12:45    | 6:50         | 32       | 2:47:58     | 32        | 2:47:58      |
| VP13 - Brauhaus     | 6.88     | 1:00:50    | 8:50         | 48          | 30:07       | 48        | 30:07        | 78.82         | 9:13:35    | 7:01         | 35       | 3:13:53     | 35        | 3:13:53      |
| VP14 - Revierförs   | 5.70     | 47:43      | 8:22         | 39          | 20:56       | 39        | 20:56        | 84.52         | 10:01:18   | 7:06         | 34       | 3:30:25     | 34        | 3:30:25      |
| VP15 - Schloss S    | 6.24     | 44:17      | 7:05         | 27          | 15:49       | 27        | 15:49        | 90.76         | 10:45:35   | 7:06         | 33       | 3:41:46     | 33        | 3:41:46      |
| VP16 - Pagel & Fi   | 7.60     | 46:18      | 6:05         | 28          | 14:12       | 28        | 14:12        | 98.36         | 11:31:53   | 7:02         | 33       | 3:55:58     | 33        | 3:55:58      |
| VP17 - Karolinenl   | 4.91     | 33:48      | 6:53         | 36          | 12:32       | 36        | 12:32        | 103.27        | 12:05:41   | 7:01         | 36       | 4:08:30     | 36        | 4:08:30      |
| VP18 - Falkensee    | 6.60     | 48:58      | 7:25         | 40          | 19:19       | 40        | 19:19        | 109.87        | 12:54:39   | 7:03         | 36       | 4:27:49     | 36        | 4:27:49      |
| VP19 - Schönwal     | 5.95     | 50:14      | 8:26         | 44          | 23:24       | 44        | 23:24        | 115.82        | 13:44:53   | 7:07         | 36       | 4:51:13     | 36        | 4:51:13      |
| VP20 - Grenzturn    | 7.60     | 1:01:41    | 8:06         | 37          | 24:52       | 37        | 24:52        | 123.42        | 14:46:34   | 7:10         | 37       | 5:04:27     | 37        | 5:04:27      |
| VP21 - Ruderclub    | 4.78     | 40:32      | 8:28         | 42          | 21:18       | 42        | 21:18        | 128.20        | 15:27:06   | 7:13         | 38       | 5:22:02     | 38        | 5:22:02      |
| VP22 - Frohnau      | 4.07     | 32:15      | 7:55         | 45          | 15:29       | 45        | 15:29        | 132.27        | 15:59:21   | 7:15         | 39       | 5:33:38     | 39        | 5:33:38      |
| VP23 - Naturschu    | 6.61     | 1:03:24    | 9:35         | 49          | 35:21       | 49        | 35:21        | 138.88        | 17:02:45   | 7:21         | 40       | 6:02:26     | 40        | 6:02:26      |
| VP24 - Oranienbu    | 4.98     | 53:31      | 10:44        | 48          | 31:56       | 48        | 31:56        | 143.86        | 17:56:16   | 7:28         | 42       | 6:30:58     | 42        | 6:30:58      |
| VP25 - Laufftreff l | 5.34     | 50:15      | 9:24         | 44          | 49:55       | 44        | 49:55        | 149.20        | 18:46:31   | 7:33         | 42       | 6:56:05     | 42        | 6:56:05      |
| VP26 - Wilhelmsr    | 5.72     | 48:13      | 8:25         | 43          | 27:01       | 43        | 27:01        | 154.92        | 19:34:44   | 7:34         | 43       | 7:18:59     | 43        | 7:18:59      |
| VP27 - Wollankst    | 3.02     | 34:40      | 11:28        | 48          | 20:17       | 48        | 20:17        | 157.94        | 20:09:24   | 7:39         | 43       | 7:39:16     | 43        | 7:39:16      |
| Friedrich-Ludwig    | 3.96     | 34:22      | 8:40         | 42          | 21:01       | 42        | 21:01        | 161.90        | 20:43:46   | 7:40         | 43       | 7:56:36     | 43        | 7:56:36      |