



100MeilenBerlin □ Berlin Wall Race 100 Miles

Berlin / 13.08.2016

Detailed evaluation

Krauss, Axel

Club: Podofactum München

Number: 143

Course: 161.90 km

100MeilenBerlin

Category:

Senioren M45 (45-49 Jahre)

Total time: 22:14:55

Speed: 7.24 km/h

Running performance: 8:15 min/km

Rank in course/Total: 64 (of 319)

Rank in course/Men: 52 (of 257)

Best time in course: 15:20:48

Rank in category: 18(of 59)

Best time in the category: 17:12:46

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total		Total		Total		Pos Cat.	Behind Cat.	Pos Men	Behind Men	
								km	Time	min/km	Pos	Behind	Pos					Behind
VP1 - Brandenbu	7.30	58:02	7:56	52	23:11	230	24:45	7.30	58:02	7:56	52	23:11	230	24:45				
VP2 - East Side C	6.46	49:22	7:38	47	19:16	193	19:16	13.76	1:47:24	7:48	51	42:20	214	43:46				
VP3 - Dammweg	5.90	45:34	7:43	50	17:59	202	17:59	19.66	2:32:58	7:46	51	1:00:17	210	1:00:17				
VP4 - Johannisth	5.64	42:24	7:31	42	15:49	172	15:49	25.30	3:15:22	7:43	49	1:16:06	203	1:16:06				
VP5 - U-Bahnhof	5.90	44:10	7:29	38	15:16	149	15:16	31.20	3:59:32	7:40	49	1:31:00	196	1:31:00				
VP6 - Buckow	4.92	37:54	7:42	37	13:16	142	13:16	36.12	4:37:26	7:40	48	1:44:16	188	1:44:16				
VP7 - Kirchhainer	6.17	48:02	7:47	36	16:58	139	16:58	42.29	5:25:28	7:41	44	2:01:14	176	2:01:14				
VP8 - Lichtenradi	4.37	33:23	7:38	36	11:18	132	11:18	46.66	5:58:51	7:41	43	2:12:32	170	2:12:32				
VP9 - Osdorfer St	5.71	43:37	7:38	39	14:05	143	14:05	52.37	6:42:28	7:41	42	2:26:37	166	2:26:37				
VP10 - Sportplatz	6.50	56:17	8:39	25	21:27	82	21:27	58.87	7:38:45	7:47	38	2:48:04	147	2:48:04				
VP11 - Königsw	6.22	49:02	7:52	17	13:57	67	14:52	65.09	8:27:47	7:48	37	2:55:34	135	2:55:34				
VP12 - Gedenkst	6.85	1:01:17	8:56	34	20:44	120	22:54	71.94	9:29:04	7:54	37	3:14:19	134	3:14:19				
VP13 - Brauhaus	6.88	1:01:28	8:56	28	18:59	97	22:48	78.82	10:30:32	7:59	36	3:32:07	130	3:32:07				
VP14 - Revierförs	5.70	48:11	8:27	18	13:51	60	16:07	84.52	11:18:43	8:01	35	3:45:58	127	3:45:58				
VP15 - Schloss S	6.24	1:03:57	10:14	28	24:43	84	27:26	90.76	12:22:40	8:10	33	4:10:41	117	4:10:41				
VP16 - Pagel & Fi	7.60	1:05:45	8:39	18	17:32	54	22:02	98.36	13:28:25	8:13	33	4:28:13	112	4:28:13				
VP17 - Karolinenl	4.91	40:31	8:15	17	8:50	51	12:04	103.27	14:08:56	8:13	32	4:35:47	108	4:37:21				
VP18 - Falkensee	6.60	57:39	8:44	23	15:08	69	19:17	109.87	15:06:35	8:15	31	4:46:37	102	4:55:40				
VP19 - Schönwal	5.95	49:26	8:18	14	11:15	35	14:10	115.82	15:56:01	8:15	27	4:54:04	91	5:09:50				
VP20 - Grenzturn	7.60	1:03:02	8:17	12	16:01	37	19:51	123.42	16:59:03	8:15	24	5:01:11	83	5:29:41				
VP21 - Ruderclub	4.78	40:31	8:28	11	8:01	29	13:16	128.20	17:39:34	8:15	25	5:03:19	81	5:42:57				
VP22 - Frohnau	4.07	34:35	8:29	11	7:26	32	10:06	132.27	18:14:09	8:16	24	5:09:33	76	5:52:57				
VP23 - Naturschu	6.61	57:45	8:44	14	11:00	35	18:06	138.88	19:11:54	8:17	22	5:18:39	69	6:09:36				
VP24 - Oranienbu	4.98	40:30	8:07	7	8:09	20	10:44	143.86	19:52:24	8:17	20	5:18:40	63	6:19:25				
VP25 - Laufftreff l	5.34	44:36	8:21	8	14:39	28	14:39	149.20	20:37:00	8:17	19	5:12:41	59	6:31:11				
VP26 - Wilhelmsr	5.72	42:24	7:24	12	8:52	29	10:16	154.92	21:19:24	8:15	19	5:03:30	56	6:40:57				
VP27 - Wollankst	3.02	27:31	9:06	15	9:09	39	17:56	157.94	21:46:55	8:16	19	4:59:40	56	14:15:46				
Friedrich-Ludwig	3.96	28:00	7:04	14	7:35	39	7:35	161.90	22:14:55	8:14	18	5:02:09	52	6:54:07				