



100MeilenBerlin □ Berlin Wall Race 100 Miles

Berlin / 13.08.2016

Detailed evaluation

Heimann, Peter

Club: Team Erdinger Alkoholfrei
Number: 130

Course: 161.90 km
100MeilenBerlin

Category:
Senioren M55 (55-59 Jahre)

Total time: 22:26:51

Speed: 7.17 km/h
Running performance: 8:19 min/km

Rank in course/Total: 68 (of 319)

Rank in course/Men: 57 (of 257)

Best time in course: 15:20:48

Rank in category: 7(of 32)

Best time in the category: 16:39:21

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
VP1 - Brandenbu	7.30	50:46	6:57	17	11:05	157	17:29	7.30	50:46	6:57	17	11:05	157	17:29
VP2 - East Side G	6.46	46:33	7:12	16	12:15	162	16:27	13.76	1:37:19	7:04	18	23:20	159	33:41
VP3 - Dammweg	5.90	42:01	7:07	19	9:41	152	14:26	19.66	2:19:20	7:05	19	33:01	157	46:39
VP4 - Johannisth	5.64	39:41	7:02	16	9:41	121	13:06	25.30	2:59:01	7:04	17	42:42	148	59:45
VP5 - U-Bahnhof	5.90	43:58	7:27	17	12:13	146	15:04	31.20	3:42:59	7:08	17	54:55	144	1:14:27
VP6 - Buckow	4.92	32:16	6:33	7	4:37	63	7:38	36.12	4:15:15	7:04	16	59:00	136	1:22:05
VP7 - Kirchhainer	6.17	42:19	6:51	6	8:44	58	11:15	42.29	4:57:34	7:02	15	1:06:02	120	1:33:20
VP8 - Lichtenradi	4.37	30:09	6:53	8	6:29	70	8:04	46.66	5:27:43	7:01	13	1:12:31	113	1:41:24
VP9 - Osdorfer St	5.71	36:03	6:18	5	5:35	40	6:31	52.37	6:03:46	6:56	12	1:17:57	101	1:47:55
VP10 - Sportplatz	6.50	56:01	8:37	10	19:41	80	21:11	58.87	6:59:47	7:07	11	1:32:44	92	2:09:06
VP11 - Königsw	6.22	47:30	7:38	7	10:18	53	13:20	65.09	7:47:17	7:10	10	1:43:02	87	2:15:04
VP12 - Gedenkst	6.85	56:59	8:19	11	16:07	86	18:36	71.94	8:44:16	7:17	10	1:59:09	84	2:29:31
VP13 - Brauhaus	6.88	57:47	8:23	10	16:20	81	19:07	78.82	9:42:03	7:23	10	2:15:29	80	2:43:38
VP14 - Revierförs	5.70	52:08	9:08	12	17:42	103	20:04	84.52	10:34:11	7:30	10	2:33:11	80	3:01:26
VP15 - Schloss S	6.24	55:31	8:53	5	15:38	44	19:00	90.76	11:29:42	7:35	9	2:48:49	73	3:17:43
VP16 - Pagel & Fi	7.60	1:04:54	8:32	5	17:24	50	21:11	98.36	12:34:36	7:40	9	3:06:13	69	3:34:24
VP17 - Karolinenl	4.91	40:37	8:16	8	9:07	54	12:10	103.27	13:15:13	7:42	9	3:15:20	65	3:43:38
VP18 - Falkensee	6.60	54:44	8:17	7	12:02	53	16:22	109.87	14:09:57	7:44	9	3:27:22	64	3:59:02
VP19 - Schönwal	5.95	51:06	8:35	7	11:19	48	15:50	115.82	15:01:03	7:46	9	3:38:41	60	4:14:52
VP20 - Grenzturn	7.60	1:07:23	8:51	4	15:37	54	24:12	123.42	16:08:26	7:50	9	3:54:18	58	4:39:04
VP21 - Ruderclub	4.78	40:09	8:23	3	6:52	23	12:54	128.20	16:48:35	7:52	7	4:01:10	51	4:51:58
VP22 - Frohnau	4.07	37:13	9:08	6	8:48	49	12:44	132.27	17:25:48	7:54	7	4:09:58	51	5:04:36
VP23 - Naturschu	6.61	1:03:40	9:37	5	19:55	66	24:01	138.88	18:29:28	7:59	7	4:29:53	51	5:27:10
VP24 - Oranienbu	4.98	53:18	10:42	11	18:56	90	23:32	143.86	19:22:46	8:04	7	4:48:49	50	5:49:47
VP25 - Laufftreff l	5.34	56:40	10:36	11	18:17	98	26:43	149.20	20:19:26	8:10	7	5:07:06	53	6:13:37
VP26 - Wilhelmsr	5.72	1:03:16	11:03	17	27:47	157	31:08	154.92	21:22:42	8:16	7	5:34:53	58	6:44:15
VP27 - Wollankst	3.02	28:52	9:33	4	4:01	53	19:17	157.94	21:51:34	8:18	7	5:38:54	59	14:20:25
Friedrich-Ludwig	3.96	35:17	8:54	9	8:36	95	14:52	161.90	22:26:51	8:19	7	5:47:30	57	7:06:03