



# 100MeilenBerlin □ Berlin Wall Race 100 Miles

Berlin / 13.08.2016

## Detailed evaluation

**Nixon, Rosemary**

Club: Anncy

Number: 65

Course: 161.90 km

100MeilenBerlin

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 23:07:12

Speed: 6.96 km/h

Running performance: 8:34 min/km

Rank in course/Total: 79 (of 319)

Rank in course/Women: 14 (of 62)

Best time in course: 17:03:32

Rank in category: 2(of 13)

Best time in the category: 22:39:33

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
VP1 - Brandenbu	7.30	44:27	6:05	2	0:07	7	3:29	7.30	44:27	6:05	2	0:07	7	3:29
VP2 - East Side C	6.46	41:57	6:29	3	0:45	12	7:09	13.76	1:26:24	6:16	2	0:52	9	10:38
VP3 - Dammweg	5.90	34:53	5:54	1	-	8	3:56	19.66	2:01:17	6:10	1	-	8	14:34
VP4 - Johannisth	5.64	32:51	5:49	1	-	5	3:00	25.30	2:34:08	6:05	1	-	6	17:34
VP5 - U-Bahnhof	5.90	36:37	6:12	1	-	8	4:53	31.20	3:10:45	6:06	1	-	7	22:27
VP6 - Buckow	4.92	32:58	6:42	2	3:02	9	5:03	36.12	3:43:43	6:11	1	-	6	27:30
VP7 - Kirchhainer	6.17	39:09	6:20	1	-	6	3:48	42.29	4:22:52	6:12	1	-	6	31:18
VP8 - Lichtenrad	4.37	28:12	6:27	2	1:37	9	4:28	46.66	4:51:04	6:14	1	-	6	35:46
VP9 - Osdorfer St	5.71	35:16	6:10	2	1:10	5	3:14	52.37	5:26:20	6:13	1	-	6	38:02
VP10 - Sportplatz	6.50	44:38	6:51	2	3:52	7	8:12	58.87	6:10:58	6:18	2	0:07	7	45:25
VP11 - Königsw	6.22	50:40	8:08	3	3:24	19	13:44	65.09	7:01:38	6:28	1	-	6	53:51
VP12 - Gedenkst	6.85	49:04	7:09	1	-	6	8:04	71.94	7:50:42	6:32	1	-	6	58:35
VP13 - Brauhaus	6.88	55:20	8:02	1	-	16	12:03	78.82	8:46:02	6:40	1	-	7	1:07:03
VP14 - Revierförs	5.70	49:08	8:37	2	1:09	17	9:44	84.52	9:35:10	6:48	1	-	7	1:12:45
VP15 - Schloss S	6.24	1:07:44	10:51	3	4:43	19	27:29	90.76	10:42:54	7:05	1	-	10	1:40:14
VP16 - Pagel & Fi	7.60	1:05:33	8:37	2	3:26	14	12:53	98.36	11:48:27	7:12	1	-	10	1:53:07
VP17 - Karolinenl	4.91	40:42	8:17	2	0:01	12	9:24	103.27	12:29:09	7:15	1	-	10	2:02:31
VP18 - Falkensee	6.60	1:00:43	9:11	3	5:53	19	19:30	109.87	13:29:52	7:22	1	-	10	2:22:01
VP19 - Schönwal	5.95	1:01:08	10:16	5	8:07	24	23:19	115.82	14:31:00	7:31	1	-	11	2:39:45
VP20 - Grenzturn	7.60	1:19:17	10:25	5	14:47	27	30:52	123.42	15:50:17	7:41	1	-	11	3:10:37
VP21 - Ruderclub	4.78	49:37	10:22	3	2:53	15	16:43	128.20	16:39:54	7:47	1	-	11	3:27:20
VP22 - Frohnau	4.07	38:14	9:23	3	2:13	16	11:58	132.27	17:18:08	7:50	1	-	11	3:38:55
VP23 - Naturschu	6.61	1:19:25	12:00	11	22:36	31	33:21	138.88	18:37:33	8:02	1	-	12	4:11:49
VP24 - Oranienbu	4.98	54:48	11:00	6	9:16	28	21:08	143.86	19:32:21	8:08	1	-	12	4:32:57
VP25 - Laufftreff l	5.34	58:47	11:00	6	13:02	30	22:43	149.20	20:31:08	8:15	1	-	12	4:53:28
VP26 - Wilhelmsr	5.72	1:02:30	10:55	7	16:04	36	24:34	154.92	21:33:38	8:21	1	-	12	5:18:02
VP27 - Wollankst	3.02	44:52	14:51	12	16:47	49	23:28	157.94	22:18:30	8:28	2	11:30	13	5:39:22
Friedrich-Ludwig	3.96	48:42	12:17	12	19:19	50	26:31	161.90	23:07:12	8:34	2	27:39	14	6:03:40