



# 100MeilenBerlin □ Berlin Wall Race 100 Miles

Berlin / 13.08.2016

## Detailed evaluation

Rosenau, Dietmar

Club: LG DUV

Number: 71

Course: 161.90 km

100MeilenBerlin

Category:

Senioren M55 (55-59 Jahre)

Total time: 23:12:52

Speed: 6.94 km/h

Running performance: 8:36 min/km

Rank in course/Total: 85 (of 319)

Rank in course/Men: 70 (of 257)

Best time in course: 15:20:48

Rank in category: 9(of 32)

Best time in the category: 16:39:21

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total		Total		Total		Pos Cat.	Behind Cat.	Pos Men	Behind Men
								km	Time	min/km	Pos	Behind	Pos				
VP1 - Brandenbu	7.30	46:26	6:21	10	6:45	87	13:09	7.30	46:26	6:21	10	6:45	87	13:09			
VP2 - East Side C	6.46	41:15	6:23	11	6:57	73	11:09	13.76	1:27:41	6:22	11	13:42	87	24:03			
VP3 - Dammweg	5.90	39:34	6:42	10	7:14	102	11:59	19.66	2:07:15	6:28	11	20:56	91	34:34			
VP4 - Johannisth	5.64	38:22	6:48	12	8:22	108	11:47	25.30	2:45:37	6:32	11	29:18	94	46:21			
VP5 - U-Bahnhof	5.90	40:24	6:50	9	8:39	87	11:30	31.20	3:26:01	6:36	10	37:57	90	57:29			
VP6 - Buckow	4.92	33:57	6:54	10	6:18	83	9:19	36.12	3:59:58	6:38	9	43:43	91	1:06:48			
VP7 - Kirchhainer	6.17	44:15	7:10	11	10:40	92	13:11	42.29	4:44:13	6:43	9	52:41	91	1:19:59			
VP8 - Lichtenradi	4.37	30:47	7:02	10	7:07	85	8:42	46.66	5:15:00	6:45	9	59:48	89	1:28:41			
VP9 - Osdorfer St	5.71	38:55	6:48	8	8:27	72	9:23	52.37	5:53:55	6:45	9	1:08:06	85	1:38:04			
VP10 - Sportplatz	6.50	53:55	8:17	8	17:35	73	19:05	58.87	6:47:50	6:55	8	1:20:47	80	1:57:09			
VP11 - Königsw	6.22	51:08	8:13	10	13:56	93	16:58	65.09	7:38:58	7:03	8	1:34:43	77	2:06:45			
VP12 - Gedenkst	6.85	54:00	7:52	7	13:08	63	15:37	71.94	8:32:58	7:07	8	1:47:51	76	2:18:13			
VP13 - Brauhaus	6.88	1:03:47	9:16	13	22:20	121	25:07	78.82	9:36:45	7:19	9	2:10:11	75	2:38:20			
VP14 - Revierförs	5.70	49:38	8:42	10	15:12	73	17:34	84.52	10:26:23	7:24	9	2:25:23	76	2:53:38			
VP15 - Schloss S	6.24	1:10:15	11:15	15	30:22	114	33:44	90.76	11:36:38	7:40	10	2:55:45	79	3:24:39			
VP16 - Pagel & Fi	7.60	1:07:42	8:54	8	20:12	71	23:59	98.36	12:44:20	7:46	10	3:15:57	78	3:44:08			
VP17 - Karolinenl	4.91	42:56	8:44	11	11:26	71	14:29	103.27	13:27:16	7:49	10	3:27:23	76	3:55:41			
VP18 - Falkensee	6.60	55:05	8:20	8	12:23	56	16:43	109.87	14:22:21	7:50	10	3:39:46	73	4:11:26			
VP19 - Schönwal	5.95	57:20	9:38	12	17:33	83	22:04	115.82	15:19:41	7:56	10	3:57:19	71	4:33:30			
VP20 - Grenzturn	7.60	1:16:17	10:02	13	24:31	95	33:06	123.42	16:35:58	8:04	10	4:21:50	72	5:06:36			
VP21 - Ruderclub	4.78	54:43	11:26	10	21:26	92	27:28	128.20	17:30:41	8:11	10	4:43:16	72	5:34:04			
VP22 - Frohnau	4.07	40:49	10:01	11	12:24	87	16:20	132.27	18:11:30	8:15	10	4:55:40	74	5:50:18			
VP23 - Naturschu	6.61	1:05:34	9:55	9	21:49	76	25:55	138.88	19:17:04	8:19	10	5:17:29	72	6:14:46			
VP24 - Oranienbu	4.98	52:21	10:30	10	17:59	81	22:35	143.86	20:09:25	8:24	10	5:35:28	71	6:36:26			
VP25 - Laufftreff l	5.34	50:59	9:32	6	12:36	59	21:02	149.20	21:00:24	8:26	10	5:48:04	70	6:54:35			
VP26 - Wilhelmsr	5.72	55:10	9:38	10	19:41	103	23:02	154.92	21:55:34	8:29	9	6:07:45	67	7:17:07			
VP27 - Wollankst	3.02	36:40	12:08	14	11:49	121	27:05	157.94	22:32:14	8:33	9	6:19:34	69	15:01:05			
Friedrich-Ludwig	3.96	40:38	10:15	16	13:57	135	20:13	161.90	23:12:52	8:36	9	6:33:31	70	7:52:04			