



100MeilenBerlin □ Berlin Wall Race 100 Miles

Berlin / 13.08.2016

Detailed evaluation

Kalina, Peter

Club: Team Alcatraz / LT Bittermark

Number: 25

Course: 161.90 km

100MeilenBerlin

Category:

Senioren M45 (45-49 Jahre)

Total time: 23:45:44

Speed: 6.78 km/h

Running performance: 8:49 min/km

Rank in course/Total: 113 (of 319)

Rank in course/Men: 95 (of 257)

Best time in course: 15:20:48

Rank in category: 27(of 59)

Best time in the category: 17:12:46

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
VP1 - Brandenbu	7.30	56:13	7:42	50	21:22	217	22:56	7.30	56:13	7:42	50	21:22	217	22:56
VP2 - East Side G	6.46	49:27	7:39	48	19:21	195	19:21	13.76	1:45:40	7:40	50	40:36	207	42:02
VP3 - Dammweg	5.90	45:02	7:37	46	17:27	198	17:27	19.66	2:30:42	7:39	49	58:01	204	58:01
VP4 - Johannisth	5.64	46:17	8:12	50	19:42	206	19:42	25.30	3:16:59	7:47	51	1:17:43	208	1:17:43
VP5 - U-Bahnhof	5.90	48:34	8:13	51	19:40	203	19:40	31.20	4:05:33	7:52	51	1:37:01	209	1:37:01
VP6 - Buckow	4.92	39:03	7:56	43	14:25	161	14:25	36.12	4:44:36	7:52	50	1:51:26	200	1:51:26
VP7 - Kirchhainer	6.17	47:41	7:43	35	16:37	129	16:37	42.29	5:32:17	7:51	49	2:08:03	192	2:08:03
VP8 - Lichtenradi	4.37	35:27	8:06	40	13:22	171	13:22	46.66	6:07:44	7:52	48	2:21:25	190	2:21:25
VP9 - Osdorfer St	5.71	44:22	7:46	40	14:50	152	14:50	52.37	6:52:06	7:52	48	2:36:15	186	2:36:15
VP10 - Sportplatz	6.50	56:31	8:41	27	21:41	87	21:41	58.87	7:48:37	7:57	41	2:57:56	159	2:57:56
VP11 - Königswe	6.22	50:47	8:09	27	15:42	89	16:37	65.09	8:39:24	7:58	38	3:07:11	149	3:07:11
VP12 - Gedenkst	6.85	54:26	7:56	23	13:53	68	16:03	71.94	9:33:50	7:58	38	3:19:05	137	3:19:05
VP13 - Brauhaus	6.88	59:15	8:36	25	16:46	89	20:35	78.82	10:33:05	8:01	37	3:34:40	134	3:34:40
VP14 - Revierförs	5.70	51:37	9:03	30	17:17	98	19:33	84.52	11:24:42	8:06	36	3:51:57	131	3:51:57
VP15 - Schloss S	6.24	1:10:47	11:20	33	31:33	117	34:16	90.76	12:35:29	8:19	36	4:23:30	128	4:23:30
VP16 - Pagel & Fi	7.60	1:04:05	8:25	17	15:52	48	20:22	98.36	13:39:34	8:19	35	4:39:22	122	4:39:22
VP17 - Karolinenl	4.91	58:05	11:49	42	26:24	177	29:38	103.27	14:37:39	8:29	34	5:04:30	128	5:06:04
VP18 - Falkensee	6.60	59:25	9:00	26	16:54	77	21:03	109.87	15:37:04	8:31	34	5:17:06	126	5:26:09
VP19 - Schönwal	5.95	52:34	8:50	18	14:23	56	17:18	115.82	16:29:38	8:32	33	5:27:41	118	5:43:27
VP20 - Grenzturn	7.60	1:09:12	9:06	19	22:11	61	26:01	123.42	17:38:50	8:34	31	5:40:58	112	6:09:28
VP21 - Ruderclub	4.78	47:39	9:58	16	15:09	55	20:24	128.20	18:26:29	8:37	30	5:50:14	108	6:29:52
VP22 - Frohnau	4.07	39:34	9:43	21	12:25	76	15:05	132.27	19:06:03	8:39	30	6:01:27	106	6:44:51
VP23 - Naturschu	6.61	59:54	9:03	17	13:09	45	20:15	138.88	20:05:57	8:41	27	6:12:42	97	7:03:39
VP24 - Oranienbu	4.98	46:49	9:24	18	14:28	46	17:03	143.86	20:52:46	8:42	27	6:19:02	93	7:19:47
VP25 - Laufftreff l	5.34	50:11	9:23	19	20:14	51	20:14	149.20	21:42:57	8:43	26	6:18:38	89	7:37:08
VP26 - Wilhelmsr	5.72	50:45	8:52	22	17:13	78	18:37	154.92	22:33:42	8:44	27	6:17:48	91	7:55:15
VP27 - Wollankst	3.02	29:38	9:48	19	11:16	58	20:03	157.94	23:03:20	8:45	27	6:16:05	89	15:32:11
Friedrich-Ludwig	3.96	42:24	10:42	31	21:59	150	21:59	161.90	23:45:44	8:48	27	6:32:58	95	8:24:56