



# 100MeilenBerlin □ Berlin Wall Race 100 Miles

Berlin / 13.08.2016

## Detailed evaluation

**Cordner, Gillian**

Club: Seapark AC

Number: 211

Course: 161.90 km

100MeilenBerlin

Category:

Seniorinnen W40 (40-44 Jahre)

Total time: 25:07:21

Speed: 6.41 km/h

Running performance: 9:19 min/km

Rank in course/Total: 132 (of 319)

Rank in course/Women: 23 (of 62)

Best time in course: 17:03:32

Rank in category: 5(of 11)

Best time in the category: 18:39:44

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
VP1 - Brandenbu	7.30	44:50	6:08	2	3:33	8	3:52	7.30	44:50	6:08	2	3:33	8	3:52
VP2 - East Side C	6.46	42:08	6:31	2	5:31	13	7:20	13.76	1:26:58	6:19	2	9:04	11	11:12
VP3 - Dammweg	5.90	38:20	6:29	3	4:29	16	7:23	19.66	2:05:18	6:22	2	13:33	11	18:35
VP4 - Johannisth	5.64	35:21	6:16	2	4:48	11	5:30	25.30	2:40:39	6:20	2	18:21	11	24:05
VP5 - U-Bahnhof	5.90	38:37	6:32	2	4:36	11	6:53	31.20	3:19:16	6:23	2	22:57	12	30:58
VP6 - Buckow	4.92	33:44	6:51	2	4:01	12	5:49	36.12	3:53:00	6:27	2	26:58	13	36:47
VP7 - Kirchhainer	6.17	42:37	6:54	2	6:19	14	7:16	42.29	4:35:37	6:31	2	33:17	12	44:03
VP8 - Lichtenradi	4.37	29:57	6:51	2	3:37	14	6:13	46.66	5:05:34	6:32	2	36:54	12	50:16
VP9 - Osdorfer St	5.71	38:56	6:49	2	3:04	13	6:54	52.37	5:44:30	6:34	2	39:58	12	56:12
VP10 - Sportplatz	6.50	47:09	7:15	2	8:10	13	10:43	58.87	6:31:39	6:39	2	48:08	13	1:06:06
VP11 - Königsw	6.22	57:08	9:11	7	16:48	32	20:12	65.09	7:28:47	6:53	2	1:04:56	13	1:21:00
VP12 - Gedenkst	6.85	51:12	7:28	2	6:11	8	10:12	71.94	8:19:59	6:57	2	1:11:07	13	1:27:52
VP13 - Brauhaus	6.88	52:11	7:35	2	6:56	9	8:54	78.82	9:12:10	7:00	2	1:18:03	13	1:33:11
VP14 - Revierförs	5.70	49:25	8:40	4	6:55	18	10:01	84.52	10:01:35	7:07	2	1:24:58	13	1:39:10
VP15 - Schloss S	6.24	58:37	9:23	4	15:42	14	18:22	90.76	11:00:12	7:16	2	1:40:40	11	1:57:32
VP16 - Pagel & Fi	7.60	1:00:58	8:01	3	4:50	9	8:18	98.36	12:01:10	7:19	2	1:45:30	11	2:05:50
VP17 - Karolinenl	4.91	45:58	9:21	3	10:15	18	14:40	103.27	12:47:08	7:25	2	1:55:45	11	2:20:30
VP18 - Falkensee	6.60	56:14	8:31	3	6:59	14	15:01	109.87	13:43:22	7:29	3	2:02:19	12	2:35:31
VP19 - Schönwal	5.95	1:04:50	10:53	7	20:29	27	27:01	115.82	14:48:12	7:40	3	2:18:14	12	2:56:57
VP20 - Grenzturn	7.60	1:16:14	10:01	7	10:03	20	27:49	123.42	16:04:26	7:48	3	2:28:17	12	3:24:46
VP21 - Ruderclub	4.78	58:09	12:09	4	23:17	24	25:15	128.20	17:02:35	7:58	3	2:51:34	13	3:50:01
VP22 - Frohnau	4.07	43:39	10:43	5	14:38	24	17:23	132.27	17:46:14	8:03	3	3:06:12	13	4:07:01
VP23 - Naturschu	6.61	2:31:01	22:50	9	1:37:59	51	1:44:57	138.88	20:17:15	8:45	5	4:44:11	20	5:51:31
VP24 - Oranienbu	4.98	59:30	11:56	9	21:20	33	25:50	143.86	21:16:45	8:52	5	5:05:31	21	6:17:21
VP25 - Laufftreff l	5.34	1:23:07	15:33	9	40:42	51	47:03	149.20	22:39:52	9:06	5	5:45:42	22	7:02:12
VP26 - Wilhelmsr	5.72	1:01:13	10:42	8	14:31	33	23:17	154.92	23:41:05	9:10	5	6:00:13	23	7:25:29
VP27 - Wollankst	3.02	41:47	13:50	9	17:18	43	20:23	157.94	24:22:52	9:15	5	6:16:01	23	7:43:44
Friedrich-Ludwig	3.96	44:29	11:13	9	16:31	42	22:18	161.90	25:07:21	9:18	5	6:27:37	23	8:03:49