



100MeilenBerlin □ Berlin Wall Race 100 Miles

Berlin / 13.08.2016

Detailed evaluation

Heurich, Lars

Club: Stadthagen

Number: 141

Course: 161.90 km

100MeilenBerlin

Category:

Senioren M35 (35-39 Jahre)

Total time: 26:42:04

Speed: 6.03 km/h

Running performance: 9:54 min/km

Rank in course/Total: 166 (of 319)

Rank in course/Men: 137 (of 257)

Best time in course: 15:20:48

Rank in category: 19(of 34)

Best time in the category: 16:12:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total		Total		Total		Pos Cat.	Behind Cat.	Pos Men	Behind Men
								km	Time	min/km	Pos	Behind	Pos				
VP1 - Brandenbu	7.30	50:55	6:58	21	17:38	165	17:38	7.30	50:55	6:58	21	17:38	165	17:38			
VP2 - East Side C	6.46	47:11	7:18	21	16:50	173	17:05	13.76	1:38:06	7:07	21	34:28	167	34:28			
VP3 - Dammweg	5.90	43:05	7:18	21	13:10	181	15:30	19.66	2:21:11	7:10	21	47:38	174	48:30			
VP4 - Johannisth	5.64	43:38	7:44	22	15:28	187	17:03	25.30	3:04:49	7:18	21	1:02:20	176	1:05:33			
VP5 - U-Bahnhof	5.90	45:21	7:41	23	14:42	168	16:27	31.20	3:50:10	7:22	20	1:15:04	173	1:21:38			
VP6 - Buckow	4.92	44:38	9:04	27	18:45	212	20:00	36.12	4:34:48	7:36	23	1:32:18	182	1:41:38			
VP7 - Kirchhainer	6.17	50:05	8:07	19	17:16	159	19:01	42.29	5:24:53	7:40	21	1:46:29	175	2:00:39			
VP8 - Lichtenradi	4.37	36:56	8:27	24	14:02	192	14:51	46.66	6:01:49	7:45	22	1:59:26	177	2:15:30			
VP9 - Osdorfer St	5.71	43:50	7:40	20	13:18	144	14:18	52.37	6:45:39	7:44	21	2:11:33	171	2:29:48			
VP10 - Sportplatz	6.50	56:21	8:40	12	20:57	86	21:31	58.87	7:42:00	7:50	18	2:29:07	152	2:51:19			
VP11 - Königsw	6.22	1:00:54	9:47	23	24:38	178	26:44	65.09	8:42:54	8:02	19	2:53:45	153	3:10:41			
VP12 - Gedenkst	6.85	1:03:46	9:18	18	24:17	139	25:23	71.94	9:46:40	8:09	19	3:18:02	147	3:31:55			
VP13 - Brauhaus	6.88	1:06:10	9:37	16	27:02	140	27:30	78.82	10:52:50	8:16	19	3:45:04	144	3:54:25			
VP14 - Revierförs	5.70	52:20	9:10	16	17:23	106	20:16	84.52	11:45:10	8:20	19	4:02:27	142	4:12:25			
VP15 - Schloss S	6.24	55:48	8:56	7	16:00	47	19:17	90.76	12:40:58	8:23	18	4:13:37	130	4:28:59			
VP16 - Pagel & Fi	7.60	1:18:05	10:16	21	28:46	141	34:22	98.36	13:59:03	8:31	18	4:42:23	135	4:58:51			
VP17 - Karolinenl	4.91	45:07	9:11	14	14:55	94	16:40	103.27	14:44:10	8:33	18	4:57:18	131	5:12:35			
VP18 - Falkensee	6.60	59:47	9:03	12	19:38	79	21:25	109.87	15:43:57	8:35	18	5:13:21	130	5:33:02			
VP19 - Schönwal	5.95	1:03:28	10:39	14	21:58	112	28:12	115.82	16:47:25	8:41	18	5:34:00	130	6:01:14			
VP20 - Grenzturn	7.60	1:45:48	13:55	24	52:32	190	1:02:37	123.42	18:33:13	9:01	19	6:26:32	130	7:03:51			
VP21 - Ruderclub	4.78	52:31	10:59	12	19:33	78	25:16	128.20	19:25:44	9:05	18	6:40:45	127	7:29:07			
VP22 - Frohnau	4.07	1:10:55	17:25	25	43:52	198	46:26	132.27	20:36:39	9:20	19	7:24:37	132	8:15:27			
VP23 - Naturschu	6.61	1:21:24	12:18	19	40:49	149	41:45	138.88	21:58:03	9:29	19	8:05:26	131	8:55:45			
VP24 - Oranienbu	4.98	1:08:59	13:51	23	39:13	184	39:13	143.86	23:07:02	9:38	19	8:44:39	132	9:34:03			
VP25 - Laufftreff l	5.34	1:03:14	11:50	18	29:35	146	33:17	149.20	24:10:16	9:43	19	9:14:14	133	10:04:27			
VP26 - Wilhelmsr	5.72	1:07:36	11:49	22	35:28	174	35:28	154.92	25:17:52	9:47	19	9:49:42	133	10:39:25			
VP27 - Wollankst	3.02	41:21	13:41	19	18:57	157	31:46	157.94	25:59:13	9:52	19	10:08:39	135	18:28:04			
Friedrich-Ludwig	3.96	42:51	10:49	19	20:44	154	22:26	161.90	26:42:04	9:53	19	10:29:23	137	11:21:16			