100MeilenBerlin Berlin Wall Race 100 Miles

Berlin / 13.08.2016

Detailed evaluation

Herde, Hans-Jürgen

Club: Streakrunner.de
Number: 258

Course: 161.90 km
100MeilenBerlin

Category:
Senioren M60 (60-64 Jahre)

Total time: 27:40:51

Speed: 5.85 km/h
Running performance: 10:16 min/km

Rank in course/Total: 189 (of 319)

Rank in course/Men: 156 (of 257)

Best time in course: 15:20:48

Rank in category: 16(of 18)

Best time in the category: 21:12:53

Intermediate times

Control	Stage score							Total ranking						
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
VP1 - Brandenbu	7.30	51:49	7:05	12	9:04	185	18:32	7.30	51:49	7:05	12	9:04	185	18:32
VP2 - East Side G	6.46	46:17	7:09	11	8:38	157	16:11	13.76	1:38:06	7:07	11	17:42	167	34:28
VP3 - Dammweg	5.90	42:14	7:09	9	8:23	157	14:39	19.66	2:20:20	7:08	11	26:05	164	47:39
VP4 - Johannistha	5.64	43:11	7:39	13	10:44	183	16:36	25.30	3:03:31	7:15	11	36:49	171	1:04:15
VP5 - U-Bahnhof	5.90	47:18	8:01	14	12:06	194	18:24	31.20	3:50:49	7:23	11	47:19	177	1:22:17
VP6 - Buckow	4.92	39:23	8:00	12	9:14	166	14:45	36.12	4:30:12	7:28	11	56:33	169	1:37:02
VP7 - Kirchhaine	6.17	49:06	7:57	9	10:21	146	18:02	42.29	5:19:18	7:33	10	1:06:54	162	1:55:04
VP8 - Lichtenrad	4.37	43:22	9:55	16	16:51	228	21:17	46.66	6:02:40	7:46	12	1:22:11	179	2:16:21
VP9 - Osdorfer St	5.71	45:01	7:53	10	7:53	161	15:29	52.37	6:47:41	7:47	12	1:29:40	176	2:31:50
VP10 - Sportplatz	6.50	1:10:23	10:49	10	27:16	157	35:33	58.87	7:58:04	8:07	11	1:53:24	171	3:07:23
VP11 - Königswe	6.22	58:20	9:22	13	13:00	152	24:10	65.09	8:56:24	8:14	10	1:55:07	169	3:24:11
VP12 - Gedenkst	6.85	1:02:04	9:03	7	12:11	124	23:41	71.94	9:58:28	8:19	10	2:03:42	163	3:43:43
VP13 - Brauhaus	6.88	1:11:59	10:27	13	19:20	177	33:19	78.82	11:10:27	8:30	12	2:19:15	165	4:12:02
VP14 - Revierförs	5.70	58:23	10:14	11	16:24	172	26:19	84.52	12:08:50	8:37	11	2:31:05	163	4:36:05
VP15 - Schloss Sa	6.24	1:04:46	10:22	6	13:32	87	28:15	90.76	13:13:36	8:44	10	2:34:29	150	5:01:37
VP16 - Pagel & Fr	7.60	1:17:24	10:11	8	14:11	133	33:41	98.36	14:31:00	8:51	10	2:45:26	150	5:30:48
VP17 - Karolinenl	4.91	50:57	10:22	12	14:09	148	22:30	103.27	15:21:57	8:55	10	2:55:31	145	5:50:22
VP18 - Falkensee	6.60	1:17:53	11:48	14	23:26	176	39:31	109.87	16:39:50	9:06	9	3:18:57	147	6:28:55
VP19 - Schönwal	5.95	1:14:15	12:28	15	23:35	167	38:59	115.82	17:54:05	9:16	11	3:35:48	148	7:07:54
VP20 - Grenzturn	7.60	1:52:52	14:51	16	50:08	195	1:09:41	123.42	19:46:57	9:37	13	4:18:11	157	8:17:35
VP21 - Ruderclub	4.78	1:14:21	15:33	15	34:08	172	47:06	128.20	21:01:18	9:50	13	4:52:19	155	9:04:41
VP22 - Frohnau	4.07	56:49	13:57	16	23:25	186	32:20	132.27	21:58:07	9:57	14	5:15:44	158	9:36:55
VP23 - Naturschu	6.61	1:35:22	14:25	15	42:34	185	55:43	138.88	23:33:29	10:10	15	5:47:18	161	10:31:11
VP24 - Oranienbu	4.98	1:15:27	15:09	16	28:33	192	45:41	143.86	24:48:56	10:20	16	6:14:41	163	11:15:57
VP25 - Lauftreff I	5.34	50:46	9:30	3	3:17	57	20:49	149.20	25:39:42	10:19	15	6:17:58	159	11:33:53
VP26 - Wilhelmsr	5.72	55:13	9:39	9	15:27	104	23:05	154.92	26:34:55	10:17	15	6:24:34	159	11:56:28
VP27 - Wollankst	3.02	31:56	10:34	8	22:21	75	22:21	157.94	27:06:51	10:18	17	19:35:42	160	19:35:42
Friedrich-Ludwig-	3.96	34:00	8:35	9	4:51	85	13:35	161.90	27:40:51	10:15	16	6:27:58	156	12:20:03