



100MeilenBerlin □ Berlin Wall Race 100 Miles

Berlin / 13.08.2016

Detailed evaluation

Porstner, Crispin

Club: Bremen

Number: 98

Course: 161.90 km

100MeilenBerlin

Category:

Männer (20-29 Jahre)

Total time: 27:42:48

Speed: 5.81 km/h

Running performance: 10:16 min/km

Rank in course/Total: 191 (of 319)

Rank in course/Men: 157 (of 257)

Best time in course: 15:20:48

Rank in category: 3(of 8)

Best time in the category: 18:58:39

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
VP1 - Brandenbu	7.30	50:43	6:56	5	9:20	154	17:26	7.30	50:43	6:56	5	9:20	154	17:26
VP2 - East Side G	6.46	44:11	6:50	5	10:19	131	14:05	13.76	1:34:54	6:53	5	18:32	141	31:16
VP3 - Dammweg	5.90	45:00	7:37	7	14:32	197	17:25	19.66	2:19:54	7:06	5	33:04	161	47:13
VP4 - Johannisth	5.64	41:07	7:17	5	10:55	153	14:32	25.30	3:01:01	7:09	5	43:59	155	1:01:45
VP5 - U-Bahnhof	5.90	48:44	8:15	6	17:01	205	19:50	31.20	3:49:45	7:21	5	1:01:00	170	1:21:13
VP6 - Buckow	4.92	44:53	9:07	6	17:01	215	20:15	36.12	4:34:38	7:36	5	1:18:00	181	1:41:28
VP7 - Kirchhainer	6.17	55:08	8:56	6	20:14	202	24:04	42.29	5:29:46	7:47	5	1:38:14	187	2:05:32
VP8 - Lichtenradi	4.37	37:11	8:30	7	12:45	193	15:06	46.66	6:06:57	7:51	5	1:49:33	188	2:20:38
VP9 - Osdorfer St	5.71	48:01	8:24	6	17:54	194	18:29	52.37	6:54:58	7:55	5	2:03:08	188	2:39:07
VP10 - Sportplatz	6.50	1:20:20	12:21	6	32:25	191	45:30	58.87	8:15:18	8:24	6	2:29:58	195	3:24:37
VP11 - Königsw	6.22	56:24	9:04	3	18:46	137	22:14	65.09	9:11:42	8:28	5	2:48:44	183	3:39:29
VP12 - Gedenkst	6.85	1:11:16	10:24	5	26:30	190	32:53	71.94	10:22:58	8:39	6	3:15:14	185	4:08:13
VP13 - Brauhaus	6.88	53:41	7:48	2	6:08	46	15:01	78.82	11:16:39	8:35	4	3:21:22	170	4:18:14
VP14 - Revierförs	5.70	56:37	9:55	5	14:55	156	24:33	84.52	12:13:16	8:40	4	3:36:17	166	4:40:31
VP15 - Schloss S	6.24	1:15:45	12:08	4	20:35	139	39:14	90.76	13:29:01	8:54	5	3:56:52	160	5:17:02
VP16 - Pagel & Fi	7.60	1:15:40	9:57	3	22:45	123	31:57	98.36	14:44:41	8:59	3	4:19:37	154	5:44:29
VP17 - Karolinenl	4.91	59:03	12:01	4	24:04	183	30:36	103.27	15:43:44	9:08	3	4:43:41	155	6:12:09
VP18 - Falkensee	6.60	1:12:44	11:01	2	24:18	158	34:22	109.87	16:56:28	9:15	3	5:07:59	154	6:45:33
VP19 - Schönwal	5.95	1:05:04	10:56	2	20:28	125	29:48	115.82	18:01:32	9:20	2	5:28:27	150	7:15:21
VP20 - Grenzturn	7.60	1:34:56	12:29	3	33:56	171	51:45	123.42	19:36:28	9:31	2	6:02:23	149	8:07:06
VP21 - Ruderclub	4.78	1:30:20	18:53	6	51:17	188	1:03:05	128.20	21:06:48	9:52	3	6:53:40	157	9:10:11
VP22 - Frohnau	4.07	51:23	12:37	3	12:56	171	26:54	132.27	21:58:11	9:57	3	7:06:36	159	9:36:59
VP23 - Naturschu	6.61	1:28:27	13:22	3	34:35	175	48:48	138.88	23:26:38	10:07	3	7:41:11	160	10:24:20
VP24 - Oranienbu	4.98	1:05:07	13:04	4	19:48	165	35:21	143.86	24:31:45	10:13	3	8:00:59	159	10:58:46
VP25 - Laufftreff l	5.34	57:57	10:51	2	8:55	110	28:00	149.20	25:29:42	10:15	3	8:09:54	157	11:23:53
VP26 - Wilhelmsr	5.72	49:38	8:40	3	3:23	71	17:30	154.92	26:19:20	10:11	3	8:12:28	153	11:40:53
VP27 - Wollankst	3.02	42:55	14:12	4	15:17	170	33:20	157.94	27:02:15	10:16	3	8:27:45	158	19:31:06
Friedrich-Ludwig	3.96	40:33	10:14	4	19:48	134	20:08	161.90	27:42:48	10:16	3	8:44:09	157	12:22:00