



100MeilenBerlin □ Berlin Wall Race 100 Miles

Berlin / 13.08.2016

Detailed evaluation

Ulitz, Monika

Club: FSV Sandharlanden
Number: 49

Course: 161.90 km
100MeilenBerlin

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 28:13:57

Speed: 5.70 km/h
Running performance: 10:28 min/km

Rank in course/Total: 198 (of 319)

Rank in course/Women: 36 (of 62)

Best time in course: 17:03:32

Rank in category: 9(of 17)

Best time in the category: 17:03:32

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
VP1 - Brandenbu	7.30	52:02	7:07	8	11:04	33	11:04	7.30	52:02	7:07	8	11:04	33	11:04
VP2 - East Side C	6.46	49:24	7:38	11	14:36	38	14:36	13.76	1:41:26	7:22	10	25:40	37	25:40
VP3 - Dammweg	5.90	47:01	7:58	15	16:04	47	16:04	19.66	2:28:27	7:33	11	41:44	39	41:44
VP4 - Johannisth	5.64	44:34	7:54	11	14:43	40	14:43	25.30	3:13:01	7:37	11	56:27	39	56:27
VP5 - U-Bahnhof	5.90	45:36	7:43	10	13:52	34	13:52	31.20	3:58:37	7:38	11	1:10:19	39	1:10:19
VP6 - Buckow	4.92	41:20	8:24	12	13:25	39	13:25	36.12	4:39:57	7:45	11	1:23:44	39	1:23:44
VP7 - Kirchhainer	6.17	55:38	9:01	11	20:17	43	20:17	42.29	5:35:35	7:56	11	1:44:01	40	1:44:01
VP8 - Lichtenradi	4.37	39:11	8:57	13	15:27	43	15:27	46.66	6:14:46	8:01	12	1:59:28	44	1:59:28
VP9 - Osdorfer St	5.71	46:43	8:10	11	13:43	37	14:41	52.37	7:01:29	8:02	10	2:13:11	40	2:13:11
VP10 - Sportplatz	6.50	1:13:32	11:18	10	37:06	36	37:06	58.87	8:15:01	8:24	11	2:49:28	40	2:49:28
VP11 - Königsw	6.22	59:37	9:35	11	22:41	38	22:41	65.09	9:14:38	8:31	11	3:06:51	40	3:06:51
VP12 - Gedenkst	6.85	1:05:27	9:33	10	24:27	36	24:27	71.94	10:20:05	8:37	10	3:27:58	39	3:27:58
VP13 - Brauhaus	6.88	1:10:54	10:18	11	27:37	38	27:37	78.82	11:30:59	8:45	10	3:52:00	39	3:52:00
VP14 - Revierförs	5.70	56:49	9:58	9	17:25	30	17:25	84.52	12:27:48	8:50	10	4:05:23	37	4:05:23
VP15 - Schloss S	6.24	1:24:42	13:34	12	44:27	41	44:27	90.76	13:52:30	9:10	10	4:49:50	38	4:49:50
VP16 - Pagel & Fi	7.60	1:26:10	11:20	10	33:30	36	33:30	98.36	15:18:40	9:20	10	5:23:20	39	5:23:20
VP17 - Karolinenl	4.91	52:19	10:39	9	21:01	32	21:01	103.27	16:10:59	9:24	10	5:44:21	37	5:44:21
VP18 - Falkensee	6.60	1:15:52	11:29	10	34:39	35	34:39	109.87	17:26:51	9:31	9	6:19:00	35	6:19:00
VP19 - Schönwal	5.95	1:13:52	12:24	11	32:52	39	36:03	115.82	18:40:43	9:40	9	6:49:28	35	6:49:28
VP20 - Grenzturn	7.60	1:33:30	12:18	11	45:05	42	45:05	123.42	20:14:13	9:50	9	7:34:33	35	7:34:33
VP21 - Ruderclub	4.78	1:07:12	14:03	10	34:18	33	34:18	128.20	21:21:25	9:59	9	8:08:51	35	8:08:51
VP22 - Frohnau	4.07	51:44	12:42	13	25:05	41	25:28	132.27	22:13:09	10:04	9	8:33:56	35	8:33:56
VP23 - Naturschu	6.61	1:32:37	14:00	14	46:06	47	46:33	138.88	23:45:46	10:15	9	9:20:02	35	9:20:02
VP24 - Oranienbu	4.98	1:06:10	13:17	15	32:30	49	32:30	143.86	24:51:56	10:22	9	9:52:32	36	9:52:32
VP25 - Laufftreff l	5.34	58:22	10:55	8	20:06	27	22:18	149.20	25:50:18	10:23	9	10:12:38	36	10:12:38
VP26 - Wilhelmsr	5.72	1:04:07	11:12	12	26:11	41	26:11	154.92	26:54:25	10:25	9	10:38:49	36	10:38:49
VP27 - Wollankst	3.02	36:00	11:55	8	12:28	29	14:36	157.94	27:30:25	10:26	9	10:51:17	36	10:51:17
Friedrich-Ludwig	3.96	43:32	10:59	12	19:08	41	21:21	161.90	28:13:57	10:27	9	11:10:25	36	11:10:25