



# 100MeilenBerlin □ Berlin Wall Race 100 Miles

Berlin / 13.08.2016

## Detailed evaluation

**Barkman, Raymond**

Club: Rotterdam

Number: 244

Course: 161.90 km

100MeilenBerlin

Category:

Senioren M50 (50-54 Jahre)

Total time: 28:14:34

Speed: 5.70 km/h

Running performance: 10:28 min/km

Rank in course/Total: 200 (of 319)

Rank in course/Men: 164 (of 257)

Best time in course: 15:20:48

Rank in category: 37(of 50)

Best time in the category: 15:44:00

| Intermediate times  |          |            |              | Stage score |             |         |            | Total ranking |            |              |          |             |         |            |
|---------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control             | Split km | Split Time | Split min/km | Pos Cat.    | Behind Cat. | Pos Men | Behind Men | Total km      | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| VP1 - Brandenbu     | 7.30     | 53:47      | 7:22         | 44          | 16:46       | 205     | 20:30      | 7.30          | 53:47      | 7:22         | 44       | 16:46       | 205     | 20:30      |
| VP2 - East Side C   | 6.46     | 51:29      | 7:58         | 43          | 19:09       | 206     | 21:23      | 13.76         | 1:45:16    | 7:39         | 44       | 35:55       | 206     | 41:38      |
| VP3 - Dammweg       | 5.90     | 1:01:16    | 10:23        | 48          | 31:13       | 234     | 33:41      | 19.66         | 2:46:32    | 8:28         | 47       | 1:07:08     | 233     | 1:13:51    |
| VP4 - Johannisth    | 5.64     | 43:02      | 7:37         | 39          | 14:17       | 179     | 16:27      | 25.30         | 3:29:34    | 8:16         | 46       | 1:21:25     | 223     | 1:30:18    |
| VP5 - U-Bahnhof     | 5.90     | 48:40      | 8:14         | 41          | 17:39       | 204     | 19:46      | 31.20         | 4:18:14    | 8:16         | 46       | 1:39:04     | 222     | 1:49:42    |
| VP6 - Buckow        | 4.92     | 39:35      | 8:02         | 37          | 13:00       | 167     | 14:57      | 36.12         | 4:57:49    | 8:14         | 45       | 1:52:00     | 221     | 2:04:39    |
| VP7 - Kirchhainer   | 6.17     | 55:23      | 8:58         | 42          | 20:43       | 204     | 24:19      | 42.29         | 5:53:12    | 8:21         | 44       | 2:12:38     | 217     | 2:28:58    |
| VP8 - Lichtenradi   | 4.37     | 40:55      | 9:21         | 44          | 16:42       | 218     | 18:50      | 46.66         | 6:34:07    | 8:26         | 45       | 2:28:22     | 218     | 2:47:48    |
| VP9 - Osdorfer St   | 5.71     | 56:25      | 9:52         | 46          | 25:48       | 225     | 26:53      | 52.37         | 7:30:32    | 8:36         | 45       | 2:46:58     | 220     | 3:14:41    |
| VP10 - Sportplatz   | 6.50     | 1:22:40    | 12:43        | 40          | 46:07       | 201     | 47:50      | 58.87         | 8:53:12    | 9:03         | 44       | 3:21:41     | 217     | 4:02:31    |
| VP11 - Königsw      | 6.22     | 1:03:49    | 10:15        | 41          | 25:18       | 197     | 29:39      | 65.09         | 9:57:01    | 9:10         | 44       | 3:46:51     | 214     | 4:24:48    |
| VP12 - Gedenkst     | 6.85     | 1:12:06    | 10:31        | 40          | 33:43       | 196     | 33:43      | 71.94         | 11:09:07   | 9:18         | 43       | 4:20:34     | 213     | 4:54:22    |
| VP13 - Brauhaus     | 6.88     | 1:10:15    | 10:12        | 36          | 31:35       | 167     | 31:35      | 78.82         | 12:19:22   | 9:22         | 43       | 4:52:09     | 209     | 5:20:57    |
| VP14 - Revierförs   | 5.70     | 55:22      | 9:42         | 34          | 23:18       | 144     | 23:18      | 84.52         | 13:14:44   | 9:24         | 43       | 5:15:27     | 201     | 5:41:59    |
| VP15 - Schloss S    | 6.24     | 1:12:05    | 11:33        | 24          | 33:33       | 120     | 35:34      | 90.76         | 14:26:49   | 9:33         | 43       | 5:49:00     | 198     | 6:14:50    |
| VP16 - Pagel & Fi   | 7.60     | 1:26:54    | 11:26        | 36          | 43:11       | 177     | 43:11      | 98.36         | 15:53:43   | 9:41         | 44       | 6:32:11     | 199     | 6:53:31    |
| VP17 - Karolinenl   | 4.91     | 43:34      | 8:52         | 17          | 15:07       | 78      | 15:07      | 103.27        | 16:37:17   | 9:39         | 41       | 6:47:18     | 184     | 7:05:42    |
| VP18 - Falkensee    | 6.60     | 1:01:34    | 9:19         | 21          | 23:12       | 97      | 23:12      | 109.87        | 17:38:51   | 9:38         | 40       | 7:10:30     | 174     | 7:27:56    |
| VP19 - Schönwal     | 5.95     | 1:02:29    | 10:30        | 24          | 26:51       | 109     | 27:13      | 115.82        | 18:41:20   | 9:40         | 38       | 7:37:21     | 167     | 7:55:09    |
| VP20 - Grenzturn    | 7.60     | 1:17:57    | 10:15        | 23          | 32:42       | 102     | 34:46      | 123.42        | 19:59:17   | 9:43         | 36       | 8:10:03     | 160     | 8:29:55    |
| VP21 - Ruderclub    | 4.78     | 2:03:52    | 25:54        | 43          | 1:33:26     | 199     | 1:36:37    | 128.20        | 22:03:09   | 10:19        | 39       | 9:43:29     | 173     | 10:06:32   |
| VP22 - Frohnau      | 4.07     | 39:07      | 9:36         | 14          | 14:38       | 69      | 14:38      | 132.27        | 22:42:16   | 10:17        | 39       | 9:58:07     | 169     | 10:21:04   |
| VP23 - Naturschu    | 6.61     | 1:05:46    | 9:56         | 14          | 26:07       | 78      | 26:07      | 138.88        | 23:48:02   | 10:16        | 38       | 10:24:14    | 164     | 10:45:44   |
| VP24 - Oranienbu    | 4.98     | 52:53      | 10:37        | 17          | 21:06       | 89      | 23:07      | 143.86        | 24:40:55   | 10:17        | 37       | 10:45:20    | 160     | 11:07:56   |
| VP25 - Laufftreff l | 5.34     | 1:02:35    | 11:43        | 32          | 30:43       | 140     | 32:38      | 149.20        | 25:43:30   | 10:20        | 36       | 11:16:03    | 162     | 11:37:41   |
| VP26 - Wilhelmsr    | 5.72     | 1:03:06    | 11:01        | 34          | 27:40       | 156     | 30:58      | 154.92        | 26:46:36   | 10:22        | 36       | 11:43:43    | 162     | 12:08:09   |
| VP27 - Wollankst    | 3.02     | 47:33      | 15:44        | 41          | 28:20       | 186     | 37:58      | 157.94        | 27:34:09   | 10:28        | 37       | 12:12:03    | 164     | 20:03:00   |
| Friedrich-Ludwig    | 3.96     | 40:25      | 10:12        | 30          | 18:31       | 132     | 20:00      | 161.90        | 28:14:34   | 10:28        | 37       | 12:30:34    | 164     | 12:53:46   |