



# 100MeilenBerlin □ Berlin Wall Race 100 Miles

Berlin / 13.08.2016

## Detailed evaluation

**Dilling, Daniela**

Club: LG Nord Berlin

Number: 163

Course: 161.90 km

100MeilenBerlin

Category:

Seniorinnen W50 (50-54 Jahre)

Total time: 28:32:50

Speed: 5.64 km/h

Running performance: 10:35 min/km

Rank in course/Total: 204 (of 319)

Rank in course/Women: 38 (of 62)

Best time in course: 17:03:32

Rank in category: 10(of 17)

Best time in the category: 17:03:32

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
VP1 - Brandenbu	7.30	49:03	6:43	7	8:05	26	8:05	7.30	49:03	6:43	7	8:05	26	8:05
VP2 - East Side G	6.46	46:42	7:13	7	11:54	30	11:54	13.76	1:35:45	6:57	7	19:59	26	19:59
VP3 - Dammweg	5.90	44:57	7:37	10	14:00	38	14:00	19.66	2:20:42	7:09	7	33:59	31	33:59
VP4 - Johannisth	5.64	44:34	7:54	11	14:43	40	14:43	25.30	3:05:16	7:19	9	48:42	35	48:42
VP5 - U-Bahnhof	5.90	49:40	8:25	14	17:56	46	17:56	31.20	3:54:56	7:31	10	1:06:38	38	1:06:38
VP6 - Buckow	4.92	41:00	8:20	11	13:05	38	13:05	36.12	4:35:56	7:38	9	1:19:43	35	1:19:43
VP7 - Kirchhainer	6.17	54:20	8:48	10	18:59	41	18:59	42.29	5:30:16	7:48	9	1:38:42	35	1:38:42
VP8 - Lichtenrad	4.37	39:50	9:06	14	16:06	47	16:06	46.66	6:10:06	7:55	10	1:54:48	38	1:54:48
VP9 - Osdorfer St	5.71	54:35	9:33	15	21:35	50	22:33	52.37	7:04:41	8:06	13	2:16:23	45	2:16:23
VP10 - Sportplatz	6.50	1:08:33	10:32	7	32:07	32	32:07	58.87	8:13:14	8:22	10	2:47:41	39	2:47:41
VP11 - Königsw	6.22	58:15	9:21	10	21:19	33	21:19	65.09	9:11:29	8:28	10	3:03:42	39	3:03:42
VP12 - Gedenkst	6.85	1:08:58	10:04	13	27:58	43	27:58	71.94	10:20:27	8:37	11	3:28:20	40	3:28:20
VP13 - Brauhaus	6.88	1:12:11	10:29	12	28:54	41	28:54	78.82	11:32:38	8:47	11	3:53:39	40	3:53:39
VP14 - Revierförs	5.70	59:00	10:21	11	19:36	38	19:36	84.52	12:31:38	8:53	11	4:09:13	39	4:09:13
VP15 - Schloss S	6.24	1:12:34	11:37	9	32:19	28	32:19	90.76	13:44:12	9:04	9	4:41:32	35	4:41:32
VP16 - Pagel & Fi	7.60	1:24:45	11:09	9	32:05	35	32:05	98.36	15:08:57	9:14	9	5:13:37	34	5:13:37
VP17 - Karolinenl	4.91	1:01:50	12:35	15	30:32	49	30:32	103.27	16:10:47	9:24	9	5:44:09	36	5:44:09
VP18 - Falkensee	6.60	1:28:48	13:27	15	47:35	49	47:35	109.87	17:39:35	9:38	10	6:31:44	39	6:31:44
VP19 - Schönwal	5.95	1:14:47	12:34	12	33:47	41	36:58	115.82	18:54:22	9:47	10	7:03:07	36	7:03:07
VP20 - Grenzturn	7.60	1:41:18	13:19	14	52:53	45	52:53	123.42	20:35:40	10:00	10	7:56:00	37	7:56:00
VP21 - Ruderclub	4.78	1:03:55	13:22	8	31:01	29	31:01	128.20	21:39:35	10:08	10	8:27:01	36	8:27:01
VP22 - Frohnau	4.07	51:42	12:42	12	25:03	40	25:26	132.27	22:31:17	10:12	10	8:52:04	36	8:52:04
VP23 - Naturschu	6.61	1:20:19	12:09	9	33:48	33	34:15	138.88	23:51:36	10:18	10	9:25:52	37	9:25:52
VP24 - Oranienbu	4.98	1:01:33	12:21	12	27:53	40	27:53	143.86	24:53:09	10:22	10	9:53:45	37	9:53:45
VP25 - Laufftreff l	5.34	1:04:52	12:08	12	26:36	40	28:48	149.20	25:58:01	10:26	10	10:20:21	37	10:20:21
VP26 - Wilhelmsr	5.72	1:07:17	11:45	14	29:21	46	29:21	154.92	27:05:18	10:29	10	10:49:42	37	10:49:42
VP27 - Wollankst	3.02	39:08	12:57	10	15:36	36	17:44	157.94	27:44:26	10:32	10	11:05:18	37	11:05:18
Friedrich-Ludwig	3.96	48:24	12:13	15	24:00	49	26:13	161.90	28:32:50	10:34	10	11:29:18	38	11:29:18