



100MeilenBerlin □ Berlin Wall Race 100 Miles

Berlin / 13.08.2016

Detailed evaluation

Heyer, Hermann

Club: LG Mauerweg Berlin

Number: 100

Course: 161.90 km

100MeilenBerlin

Category:

Senioren M55 (55-59 Jahre)

Total time: 28:41:18

Speed: 5.61 km/h

Running performance: 10:38 min/km

Rank in course/Total: 212 (of 319)

Rank in course/Men: 171 (of 257)

Best time in course: 15:20:48

Rank in category: 20(of 32)

Best time in the category: 16:39:21

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
VP1 - Brandenbu	7.30	56:39	7:45	26	16:58	221	23:22	7.30	56:39	7:45	26	16:58	221	23:22
VP2 - East Side C	6.46	51:37	7:59	25	17:19	209	21:31	13.76	1:48:16	7:52	25	34:17	219	44:38
VP3 - Dammweg	5.90	44:48	7:35	24	12:28	196	17:13	19.66	2:33:04	7:47	25	46:45	211	1:00:23
VP4 - Johannisth	5.64	44:36	7:54	22	14:36	195	18:01	25.30	3:17:40	7:48	24	1:01:21	210	1:18:24
VP5 - U-Bahnhof	5.90	45:07	7:38	20	13:22	164	16:13	31.20	4:02:47	7:46	23	1:14:43	202	1:34:15
VP6 - Buckow	4.92	43:05	8:45	21	15:26	199	18:27	36.12	4:45:52	7:54	24	1:29:37	201	1:52:42
VP7 - Kirchhainer	6.17	50:56	8:15	18	17:21	164	19:52	42.29	5:36:48	7:57	24	1:45:16	200	2:12:34
VP8 - Lichtenradi	4.37	36:07	8:15	20	12:27	180	14:02	46.66	6:12:55	7:59	22	1:57:43	194	2:26:36
VP9 - Osdorfer St	5.71	49:11	8:36	22	18:43	202	19:39	52.37	7:02:06	8:03	22	2:16:17	200	2:46:15
VP10 - Sportplatz	6.50	1:16:42	11:48	23	40:22	177	41:52	58.87	8:18:48	8:28	23	2:51:45	199	3:28:07
VP11 - Königswe	6.22	1:02:35	10:03	19	25:23	191	28:25	65.09	9:21:23	8:37	21	3:17:08	196	3:49:10
VP12 - Gedenkst	6.85	1:11:09	10:23	22	30:17	189	32:46	71.94	10:32:32	8:47	21	3:47:25	194	4:17:47
VP13 - Brauhaus	6.88	1:12:38	10:33	20	31:11	180	33:58	78.82	11:45:10	8:56	21	4:18:36	194	4:46:45
VP14 - Revierförs	5.70	57:59	10:10	20	23:33	171	25:55	84.52	12:43:09	9:01	21	4:42:09	189	5:10:24
VP15 - Schloss S	6.24	1:23:54	13:26	18	44:01	164	47:23	90.76	14:07:03	9:19	19	5:26:10	183	5:55:04
VP16 - Pagel & Fi	7.60	1:28:20	11:37	19	40:50	184	44:37	98.36	15:35:23	9:30	20	6:07:00	187	6:35:11
VP17 - Karolinenl	4.91	49:03	9:59	14	17:33	128	20:36	103.27	16:24:26	9:31	19	6:24:33	177	6:52:51
VP18 - Falkensee	6.60	1:06:02	10:00	17	23:20	125	27:40	109.87	17:30:28	9:33	18	6:47:53	171	7:19:33
VP19 - Schönwal	5.95	1:04:54	10:54	14	25:07	123	29:38	115.82	18:35:22	9:37	17	7:13:00	163	7:49:11
VP20 - Grenzturn	7.60	1:38:03	12:54	20	46:17	177	54:52	123.42	20:13:25	9:49	17	7:59:17	164	8:44:03
VP21 - Ruderclub	4.78	1:15:47	15:51	20	42:30	174	48:32	128.20	21:29:12	10:03	17	8:41:47	164	9:32:35
VP22 - Frohnau	4.07	59:17	14:33	20	30:52	191	34:48	132.27	22:28:29	10:11	17	9:12:39	164	10:07:17
VP23 - Naturschu	6.61	1:28:20	13:21	20	44:35	173	48:41	138.88	23:56:49	10:20	17	9:57:14	166	10:54:31
VP24 - Oranienbu	4.98	1:02:14	12:29	16	27:52	152	32:28	143.86	24:59:03	10:25	17	10:25:06	166	11:26:04
VP25 - Laufftreff l	5.34	1:03:52	11:57	15	25:29	154	33:55	149.20	26:02:55	10:28	17	10:50:35	165	11:57:06
VP26 - Wilhelmsr	5.72	1:07:38	11:49	20	32:09	175	35:30	154.92	27:10:33	10:31	18	11:22:44	168	12:32:06
VP27 - Wollankst	3.02	45:04	14:55	21	20:13	180	35:29	157.94	27:55:37	10:36	18	11:42:57	168	20:24:28
Friedrich-Ludwig	3.96	45:41	11:32	21	19:00	177	25:16	161.90	28:41:18	10:37	20	12:01:57	171	13:20:30