



100MeilenBerlin Berlin Wall Race 100 Miles

Berlin / 13.08.2016

Detailed evaluation

Seidel, Christine

Club: laufSinn Ulm

Number: 39

Course: 161.90 km

100MeilenBerlin

Category:

Seniorinnen W50 (50-54 Jahre)

Total time: 28:49:14

Speed: 5.59 km/h

Running performance: 10:41 min/km

Rank in course/Total: 220 (of 319)

Rank in course/Women: 44 (of 62)

Best time in course: 17:03:32

Rank in category: 13(of 17)

Best time in the category: 17:03:32

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
VP1 - Brandenbu	7.30	52:14	7:09	9	11:16	35	11:16	7.30	52:14	7:09	9	11:16	35	11:16
VP2 - East Side G	6.46	50:59	7:53	13	16:11	44	16:11	13.76	1:43:13	7:30	13	27:27	42	27:27
VP3 - Dammweg	5.90	44:01	7:27	9	13:04	37	13:04	19.66	2:27:14	7:29	10	40:31	38	40:31
VP4 - Johannisth	5.64	40:57	7:15	9	11:06	30	11:06	25.30	3:08:11	7:26	10	51:37	37	51:37
VP5 - U-Bahnhof	5.90	44:59	7:37	9	13:15	33	13:15	31.20	3:53:10	7:28	9	1:04:52	35	1:04:52
VP6 - Buckow	4.92	38:43	7:52	9	10:48	31	10:48	36.12	4:31:53	7:31	8	1:15:40	32	1:15:40
VP7 - Kirchhainer	6.17	51:39	8:22	9	16:18	36	16:18	42.29	5:23:32	7:39	8	1:31:58	32	1:31:58
VP8 - Lichtenrad	4.37	37:14	8:31	11	13:30	40	13:30	46.66	6:00:46	7:43	8	1:45:28	33	1:45:28
VP9 - Osdorfer St	5.71	44:51	7:51	10	11:51	34	12:49	52.37	6:45:37	7:44	8	1:57:19	33	1:57:19
VP10 - Sportplatz	6.50	1:22:04	12:37	12	45:38	44	45:38	58.87	8:07:41	8:17	9	2:42:08	37	2:42:08
VP11 - Königsw	6.22	55:00	8:50	9	18:04	30	18:04	65.09	9:02:41	8:20	9	2:54:54	37	2:54:54
VP12 - Gedenkst	6.85	1:07:23	9:50	12	26:23	41	26:23	71.94	10:10:04	8:28	9	3:17:57	37	3:17:57
VP13 - Brauhaus	6.88	1:10:39	10:16	10	27:22	36	27:22	78.82	11:20:43	8:38	9	3:41:44	36	3:41:44
VP14 - Revierförs	5.70	59:04	10:21	12	19:40	39	19:40	84.52	12:19:47	8:45	9	3:57:22	36	3:57:22
VP15 - Schloss S	6.24	1:50:51	17:45	15	1:10:36	53	1:10:36	90.76	14:10:38	9:22	11	5:07:58	43	5:07:58
VP16 - Pagel & Fi	7.60	1:27:54	11:33	11	35:14	38	35:14	98.36	15:38:32	9:32	11	5:43:12	42	5:43:12
VP17 - Karolinenl	4.91	57:36	11:43	14	26:18	47	26:18	103.27	16:36:08	9:38	11	6:09:30	42	6:09:30
VP18 - Falkensee	6.60	1:22:16	12:27	14	41:03	46	41:03	109.87	17:58:24	9:48	12	6:50:33	43	6:50:33
VP19 - Schönwal	5.95	1:20:23	13:30	14	39:23	47	42:34	115.82	19:18:47	10:00	12	7:27:32	42	7:27:32
VP20 - Grenzturn	7.60	1:38:24	12:56	13	49:59	44	49:59	123.42	20:57:11	10:11	12	8:17:31	41	8:17:31
VP21 - Ruderclub	4.78	1:10:12	14:41	13	37:18	41	37:18	128.20	22:07:23	10:21	12	8:54:49	40	8:54:49
VP22 - Frohnau	4.07	1:03:00	15:28	15	36:21	51	36:44	132.27	23:10:23	10:30	12	9:31:10	40	9:31:10
VP23 - Naturschu	6.61	1:17:49	11:46	7	31:18	29	31:45	138.88	24:28:12	10:34	12	10:02:28	40	10:02:28
VP24 - Oranienbu	4.98	1:03:07	12:40	13	29:27	46	29:27	143.86	25:31:19	10:38	12	10:31:55	40	10:31:55
VP25 - Laufftreff l	5.34	1:01:24	11:29	10	23:08	34	25:20	149.20	26:32:43	10:40	12	10:55:03	41	10:55:03
VP26 - Wilhelmsr	5.72	56:43	9:54	8	18:47	23	18:47	154.92	27:29:26	10:38	13	11:13:50	43	11:13:50
VP27 - Wollankst	3.02	44:39	14:47	14	21:07	48	23:15	157.94	28:14:05	10:43	13	11:34:57	43	11:34:57
Friedrich-Ludwig	3.96	35:09	8:52	5	10:45	20	12:58	161.90	28:49:14	10:40	13	11:45:42	44	11:45:42