



100MeilenBerlin □ Berlin Wall Race 100 Miles

Berlin / 13.08.2016

Detailed evaluation

Beer, Oliver

Club: Sprockhövel

Number: 217

Course: 161.90 km

100MeilenBerlin

Category:

Senioren M45 (45-49 Jahre)

Total time: 29:30:46

Speed: 5.46 km/h

Running performance: 10:56 min/km

Rank in course/Total: 234 (of 319)

Rank in course/Men: 187 (of 257)

Best time in course: 15:20:48

Rank in category: 42(of 59)

Best time in the category: 17:12:46

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
VP1 - Brandenbu	7.30	50:22	6:53	39	15:31	142	17:05	7.30	50:22	6:53	39	15:31	142	17:05
VP2 - East Side G	6.46	44:15	6:50	35	14:09	134	14:09	13.76	1:34:37	6:52	37	29:33	138	30:59
VP3 - Dammweg	5.90	41:37	7:03	38	14:02	146	14:02	19.66	2:16:14	6:55	38	43:33	138	43:33
VP4 - Johannisth	5.64	39:49	7:03	33	13:14	125	13:14	25.30	2:56:03	6:57	36	56:47	133	56:47
VP5 - U-Bahnhof	5.90	41:44	7:04	29	12:50	103	12:50	31.20	3:37:47	6:58	34	1:09:15	131	1:09:15
VP6 - Buckow	4.92	36:00	7:19	30	11:22	115	11:22	36.12	4:13:47	7:01	33	1:20:37	127	1:20:37
VP7 - Kirchhainer	6.17	53:20	8:38	44	22:16	187	22:16	42.29	5:07:07	7:15	35	1:42:53	137	1:42:53
VP8 - Lichtenradi	4.37	36:00	8:14	44	13:55	178	13:55	46.66	5:43:07	7:21	36	1:56:48	145	1:56:48
VP9 - Osdorfer St	5.71	47:11	8:15	47	17:39	188	17:39	52.37	6:30:18	7:27	37	2:14:27	148	2:14:27
VP10 - Sportplatz	6.50	1:05:50	10:07	40	31:00	132	31:00	58.87	7:36:08	7:44	37	2:45:27	145	2:45:27
VP11 - Königsw	6.22	1:04:07	10:18	45	29:02	199	29:57	65.09	8:40:15	7:59	39	3:08:02	151	3:08:02
VP12 - Gedenkst	6.85	1:15:52	11:04	48	35:19	210	37:29	71.94	9:56:07	8:17	41	3:41:22	162	3:41:22
VP13 - Brauhaus	6.88	1:21:52	11:53	49	39:23	208	43:12	78.82	11:17:59	8:36	43	4:19:34	172	4:19:34
VP14 - Revierförs	5.70	1:29:10	15:38	48	54:50	213	57:06	84.52	12:47:09	9:04	45	5:14:24	191	5:14:24
VP15 - Schloss S	6.24	1:33:14	14:56	43	54:00	184	56:43	90.76	14:20:23	9:28	45	6:08:24	193	6:08:24
VP16 - Pagel & Fi	7.60	1:46:47	14:03	46	58:34	209	1:03:04	98.36	16:07:10	9:49	45	7:06:58	203	7:06:58
VP17 - Karolinenl	4.91	1:12:41	14:48	46	41:00	204	44:14	103.27	17:19:51	10:04	43	7:46:42	201	7:48:16
VP18 - Falkensee	6.60	1:32:26	14:00	43	49:55	200	54:04	109.87	18:52:17	10:18	43	8:32:19	201	8:41:22
VP19 - Schönwal	5.95	1:22:40	13:53	43	44:29	183	47:24	115.82	20:14:57	10:29	43	9:13:00	201	9:28:46
VP20 - Grenzturn	7.60	1:50:49	14:34	43	1:03:48	194	1:07:38	123.42	22:05:46	10:44	42	10:07:54	198	10:36:24
VP21 - Ruderclub	4.78	1:04:45	13:32	35	32:15	139	37:30	128.20	23:10:31	10:50	42	10:34:16	198	11:13:54
VP22 - Frohnau	4.07	59:08	14:31	42	31:59	190	34:39	132.27	24:09:39	10:57	42	11:05:03	198	11:48:27
VP23 - Naturschu	6.61	1:02:33	9:27	19	15:48	59	22:54	138.88	25:12:12	10:53	42	11:18:57	195	12:09:54
VP24 - Oranienbu	4.98	59:59	12:02	35	27:38	144	30:13	143.86	26:12:11	10:55	42	11:38:27	195	12:39:12
VP25 - Laufftreff l	5.34	54:40	10:14	25	24:43	85	24:43	149.20	27:06:51	10:54	42	11:42:32	192	13:01:02
VP26 - Wilhelmsr	5.72	56:37	9:53	27	23:05	112	24:29	154.92	28:03:28	10:52	41	11:47:34	186	13:25:01
VP27 - Wollankst	3.02	41:39	13:47	36	23:17	159	32:04	157.94	28:45:07	10:55	42	11:57:52	187	21:13:58
Friedrich-Ludwig	3.96	45:39	11:31	38	25:14	176	25:14	161.90	29:30:46	10:56	42	12:18:00	187	14:09:58