



# 100MeilenBerlin □ Berlin Wall Race 100 Miles

Berlin / 13.08.2016

## Detailed evaluation

**Dinges, Ursula**

Club: VSV Frankfurt am Main  
Number: 241

Course: 161.90 km  
100MeilenBerlin

Category:  
Seniorinnen W75 (75 und älter)

Total time: 29:58:25

Speed: 5.37 km/h  
Running performance: 11:07 min/km

Rank in course/Total: 247 (of 319)

Rank in course/Women: 50 (of 62)

Best time in course: 17:03:32

Rank in category: 1(of 2)

Best time in the category: 29:58:25

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
VP1 - Brandenbu	7.30	57:04	7:49	1	-	54	16:06	7.30	57:04	7:49	1	-	54	16:06
VP2 - East Side G	6.46	54:13	8:23	1	-	51	19:25	13.76	1:51:17	8:05	1	-	51	35:31
VP3 - Dammweg	5.90	52:45	8:56	1	-	52	21:48	19.66	2:44:02	8:20	1	-	52	57:19
VP4 - Johannisth	5.64	51:59	9:13	1	-	52	22:08	25.30	3:36:01	8:32	1	-	53	1:19:27
VP5 - U-Bahnhof	5.90	57:41	9:46	1	-	55	25:57	31.20	4:33:42	8:46	1	-	53	1:45:24
VP6 - Buckow	4.92	49:06	9:58	1	-	50	21:11	36.12	5:22:48	8:56	1	-	53	2:06:35
VP7 - Kirchhainer	6.17	1:02:34	10:08	1	-	52	27:13	42.29	6:25:22	9:06	1	-	53	2:33:48
VP8 - Lichtenradi	4.37	46:18	10:35	1	-	54	22:34	46.66	7:11:40	9:15	1	-	53	2:56:22
VP9 - Osdorfer St	5.71	59:50	10:28	1	-	54	27:48	52.37	8:11:30	9:23	1	-	53	3:23:12
VP10 - Sportplatz	6.50	1:32:12	14:11	1	-	53	55:46	58.87	9:43:42	9:54	1	-	53	4:18:09
VP11 - Königsw	6.22	1:09:46	11:12	1	-	52	32:50	65.09	10:53:28	10:02	1	-	53	4:45:41
VP12 - Gedenkst	6.85	1:19:30	11:36	1	-	52	38:30	71.94	12:12:58	10:11	1	-	53	5:20:51
VP13 - Brauhaus	6.88	1:18:13	11:22	1	-	43	34:56	78.82	13:31:11	10:17	1	-	53	5:52:12
VP14 - Revierförs	5.70	1:02:29	10:57	1	-	43	23:05	84.52	14:33:40	10:20	1	-	53	6:11:15
VP15 - Schloss S	6.24	1:24:48	13:35	1	-	42	44:33	90.76	15:58:28	10:33	1	-	53	6:55:48
VP16 - Pagel & Fi	7.60	1:45:02	13:49	1	-	52	52:22	98.36	17:43:30	10:48	1	-	53	7:48:10
VP17 - Karolinenl	4.91	1:08:27	13:56	1	-	51	37:09	103.27	18:51:57	10:57	1	-	52	8:25:19
VP18 - Falkensee	6.60	1:17:41	11:46	1	-	39	36:28	109.87	20:09:38	11:00	1	-	52	9:01:47
VP19 - Schönwal	5.95	1:05:52	11:04	1	-	28	28:03	115.82	21:15:30	11:00	1	-	50	9:24:15
VP20 - Grenzturn	7.60	1:28:40	11:40	1	-	33	40:15	123.42	22:44:10	11:03	1	-	51	10:04:30
VP21 - Ruderclub	4.78	48:15	10:05	1	-	14	15:21	128.20	23:32:25	11:01	1	-	51	10:19:51
VP22 - Frohnau	4.07	52:04	12:47	1	-	44	25:48	132.27	24:24:29	11:04	1	-	51	10:45:16
VP23 - Naturschu	6.61	1:22:10	12:25	1	-	36	36:06	138.88	25:46:39	11:08	1	-	49	11:20:55
VP24 - Oranienbu	4.98	1:02:43	12:35	1	-	44	29:03	143.86	26:49:22	11:11	1	-	51	11:49:58
VP25 - Laufftreff l	5.34	58:04	10:52	1	-	26	22:00	149.20	27:47:26	11:10	1	-	50	12:09:46
VP26 - Wilhelmsr	5.72	58:59	10:18	1	-	28	21:03	154.92	28:46:25	11:08	1	-	51	12:30:49
VP27 - Wollankst	3.02	34:31	11:25	1	-	24	13:07	157.94	29:20:56	11:08	1	-	50	12:41:48
Friedrich-Ludwig	3.96	37:29	9:27	1	-	23	15:18	161.90	29:58:25	11:06	1	-	50	12:54:53