



# 100MeilenBerlin □ Berlin Wall Race 100 Miles

Berlin / 13.08.2016

## Detailed evaluation

### Grenzgänger

Club: Grenzgänger

Number: 4048

Course: 161.90 km

100MeilenBerlin - 4er Staffel

Category:

4er Staffel

Total time: 15:53:36

Speed: 10.13 km/h

Running performance: 5:53 min/km

Rank in course/Total: 10 (of 51)

Rank in course/Total: 10 (of 51)

Best time in course: 12:47:10

Rank in category: 10(of 51)

Best time in the category: 12:47:10

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
VP1 - Brandenbu	7.30	37:56	5:11	10	8:41	10	8:41	7.30	37:56	5:11	10	8:41	10	8:41
VP2 - East Side C	6.46	33:17	5:09	8	6:30	8	6:30	13.76	1:11:13	5:10	9	15:11	9	15:11
VP3 - Dammweg	5.90	30:34	5:10	9	4:59	9	4:59	19.66	1:41:47	5:10	9	20:10	9	20:10
VP4 - Johannisth	5.64	28:31	5:03	7	3:50	7	3:50	25.30	2:10:18	5:09	9	23:26	9	23:26
VP5 - U-Bahnhof	5.90	31:07	5:16	6	5:47	6	5:47	31.20	2:41:25	5:10	9	29:13	9	29:13
VP6 - Buckow	4.92	26:07	5:18	5	4:24	5	4:24	36.12	3:07:32	5:11	9	33:22	9	33:22
VP7 - Kirchhainer	6.17	32:35	5:16	4	4:05	4	4:05	42.29	3:40:07	5:12	8	36:47	8	36:47
VP8 - Lichtenradi	4.37	23:10	5:18	5	2:54	5	2:54	46.66	4:03:17	5:12	8	39:41	8	39:41
VP9 - Osdorfer St	5.71	30:31	5:20	4	4:01	4	4:01	52.37	4:33:48	5:13	7	43:02	7	43:02
VP10 - Sportplatz	6.50	37:16	5:44	9	5:19	9	5:19	58.87	5:11:04	5:17	7	48:21	7	48:21
VP11 - Königsw	6.22	38:08	6:07	30	11:33	30	11:33	65.09	5:49:12	5:21	7	57:27	7	57:27
VP12 - Gedenkst	6.85	44:13	6:27	30	14:02	30	14:02	71.94	6:33:25	5:28	8	1:08:38	8	1:08:38
VP13 - Brauhaus	6.88	50:32	7:20	34	19:49	34	19:49	78.82	7:23:57	5:37	11	1:24:15	11	1:24:15
VP14 - Revierförs	5.70	45:13	7:55	34	18:26	34	18:26	84.52	8:09:10	5:47	13	1:38:17	13	1:38:17
VP15 - Schloss S	6.24	44:26	7:07	29	15:58	29	15:58	90.76	8:53:36	5:52	12	1:49:47	12	1:49:47
VP16 - Pagel & Fi	7.60	50:25	6:38	36	18:19	36	18:19	98.36	9:44:01	5:56	13	2:08:06	13	2:08:06
VP17 - Karolinenl	4.91	28:20	5:46	20	7:04	20	7:04	103.27	10:12:21	5:55	13	2:15:10	13	2:15:10
VP18 - Falkensee	6.60	39:36	6:00	19	9:57	19	9:57	109.87	10:51:57	5:56	13	2:25:07	13	2:25:07
VP19 - Schönwal	5.95	35:32	5:58	17	8:42	17	8:42	115.82	11:27:29	5:56	13	2:33:49	13	2:33:49
VP20 - Grenzturn	7.60	41:58	5:31	3	5:09	3	5:09	123.42	12:09:27	5:54	12	2:27:20	12	2:27:20
VP21 - Ruderclub	4.78	25:52	5:24	6	6:38	6	6:38	128.20	12:35:19	5:53	11	2:30:15	11	2:30:15
VP22 - Frohnau	4.07	23:48	5:50	27	7:02	27	7:02	132.27	12:59:07	5:53	12	2:33:24	12	2:33:24
VP23 - Naturschu	6.61	39:41	6:00	27	11:38	27	11:38	138.88	13:38:48	5:53	12	2:38:29	12	2:38:29
VP24 - Oranienbu	4.98	28:26	5:42	19	6:51	19	6:51	143.86	14:07:14	5:53	12	2:41:56	12	2:41:56
VP25 - Laufftreff l	5.34	32:51	6:09	24	32:31	24	32:31	149.20	14:40:05	5:53	12	2:49:39	12	2:49:39
VP26 - Wilhelmsr	5.72	21:12	3:42	1	-	1	-	154.92	15:01:17	5:49	9	2:45:32	9	2:45:32
VP27 - Wollankst	3.02	29:55	9:54	35	15:32	35	15:32	157.94	15:31:12	5:53	10	3:01:04	10	3:01:04
Friedrich-Ludwig	3.96	22:24	5:39	17	9:03	17	9:03	161.90	15:53:36	5:53	10	3:06:26	10	3:06:26