



100MeilenBerlin □ Berlin Wall Race 100 Miles

Berlin / 13.08.2016

Detailed evaluation

Krüger, Marcus

Club: Ig eXa Leipzig

Number: 226

Course: 161.90 km

100MeilenBerlin

Category:

Senioren M35 (35-39 Jahre)

Total time: 17:44:38

Speed: 9.07 km/h

Running performance: 6:35 min/km

Rank in course/Total: 10 (of 319)

Rank in course/Men: 9 (of 257)

Best time in course: 15:20:48

Rank in category: 2(of 34)

Best time in the category: 16:12:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
VP1 - Brandenbu	7.30	42:40	5:50	5	9:23	33	9:23	7.30	42:40	5:50	5	9:23	33	9:23
VP2 - East Side C	6.46	36:53	5:42	6	6:32	23	6:47	13.76	1:19:33	5:46	5	15:55	25	15:55
VP3 - Dammweg	5.90	33:00	5:35	5	3:05	21	5:25	19.66	1:52:33	5:43	5	19:00	22	19:52
VP4 - Johannisth	5.64	31:31	5:35	5	3:21	20	4:56	25.30	2:24:04	5:41	5	21:35	22	24:48
VP5 - U-Bahnhof	5.90	33:08	5:36	4	2:29	17	4:14	31.20	2:57:12	5:40	5	22:06	21	28:40
VP6 - Buckow	4.92	28:32	5:47	4	2:39	18	3:54	36.12	3:25:44	5:41	4	23:14	19	32:34
VP7 - Kirchhainer	6.17	35:59	5:49	4	3:10	18	4:55	42.29	4:01:43	5:42	4	23:19	18	37:29
VP8 - Lichtenradi	4.37	24:45	5:39	3	1:51	12	2:40	46.66	4:26:28	5:42	4	24:05	16	40:09
VP9 - Osdorfer St	5.71	34:56	6:07	5	4:24	32	5:24	52.37	5:01:24	5:45	4	27:18	18	45:33
VP10 - Sportplatz	6.50	38:13	5:52	2	2:49	9	3:23	58.87	5:39:37	5:46	4	26:44	14	48:56
VP11 - Königsw	6.22	38:52	6:14	2	2:36	10	4:42	65.09	6:18:29	5:48	4	29:20	13	46:16
VP12 - Gedenkst	6.85	41:35	6:04	2	2:06	7	3:12	71.94	7:00:04	5:50	4	31:26	12	45:19
VP13 - Brauhaus	6.88	41:43	6:03	2	2:35	5	3:03	78.82	7:41:47	5:51	3	34:01	10	43:22
VP14 - Revierförs	5.70	47:59	8:25	9	13:02	57	15:55	84.52	8:29:46	6:01	4	47:03	11	57:01
VP15 - Schloss S	6.24	39:48	6:22	1	-	4	3:17	90.76	9:09:34	6:03	3	42:13	10	57:35
VP16 - Pagel & Fi	7.60	1:00:29	7:57	5	11:10	31	16:46	98.36	10:10:03	6:12	3	53:23	10	1:09:51
VP17 - Karolinenl	4.91	46:20	9:26	15	16:08	104	17:53	103.27	10:56:23	6:21	3	1:09:31	11	1:24:48
VP18 - Falkensee	6.60	40:09	6:04	1	-	4	1:47	109.87	11:36:32	6:20	3	1:05:56	10	1:25:37
VP19 - Schönwal	5.95	42:24	7:07	2	0:54	10	7:08	115.82	12:18:56	6:22	3	1:05:31	9	1:32:45
VP20 - Grenzturn	7.60	55:16	7:16	3	2:00	13	12:05	123.42	13:14:12	6:26	3	1:07:31	9	1:44:50
VP21 - Ruderclub	4.78	32:58	6:53	1	-	4	5:43	128.20	13:47:10	6:27	3	1:02:11	9	1:50:33
VP22 - Frohnau	4.07	28:46	7:04	2	1:43	9	4:17	132.27	14:15:56	6:28	3	1:03:54	9	1:54:44
VP23 - Naturschu	6.61	43:14	6:32	2	2:39	4	3:35	138.88	14:59:10	6:28	2	1:06:33	8	1:56:52
VP24 - Oranienbu	4.98	37:11	7:27	2	7:25	10	7:25	143.86	15:36:21	6:30	2	1:13:58	8	2:03:22
VP25 - Laufftreff l	5.34	36:31	6:50	2	2:52	7	6:34	149.20	16:12:52	6:31	2	1:16:50	8	2:07:03
VP26 - Wilhelmsr	5.72	41:18	7:13	3	9:10	24	9:10	154.92	16:54:10	6:32	2	1:26:00	8	2:15:43
VP27 - Wollankst	3.02	27:42	9:10	5	5:18	41	18:07	157.94	17:21:52	6:35	2	1:31:18	10	9:50:43
Friedrich-Ludwig	3.96	22:46	5:44	2	0:39	7	2:21	161.90	17:44:38	6:34	2	1:31:57	9	2:23:50