



# 100MeilenBerlin □ Berlin Wall Race 100 Miles

Berlin / 13.08.2016

## Detailed evaluation

#twitterlaufftreff

Club: #twitterlaufftreff

Number: 4040

Course: 161.90 km

100MeilenBerlin - 4er Staffel

Category:

4er Staffel

Total time: 16:46:46

Speed: 9.60 km/h

Running performance: 6:13 min/km

Rank in course/Total: 16 (of 51)

Rank in course/Total: 16 (of 51)

Best time in course: 12:47:10

Rank in category: 16(of 51)

Best time in the category: 12:47:10

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
VP1 - Brandenbu	7.30	38:45	5:18	15	9:30	15	9:30	7.30	38:45	5:18	15	9:30	15	9:30
VP2 - East Side C	6.46	36:10	5:35	16	9:23	16	9:23	13.76	1:14:55	5:26	13	18:53	13	18:53
VP3 - Dammweg	5.90	32:03	5:25	15	6:28	15	6:28	19.66	1:46:58	5:26	15	25:21	15	25:21
VP4 - Johannisth	5.64	31:51	5:38	17	7:10	17	7:10	25.30	2:18:49	5:29	16	31:57	16	31:57
VP5 - U-Bahnhof	5.90	34:39	5:52	13	9:19	13	9:19	31.20	2:53:28	5:33	14	41:16	14	41:16
VP6 - Buckow	4.92	32:47	6:39	21	11:04	21	11:04	36.12	3:26:15	5:42	15	52:05	15	52:05
VP7 - Kirchhainer	6.17	37:04	6:00	14	8:34	14	8:34	42.29	4:03:19	5:45	16	59:59	16	59:59
VP8 - Lichtenradi	4.37	25:28	5:49	11	5:12	11	5:12	46.66	4:28:47	5:45	15	1:05:11	15	1:05:11
VP9 - Osdorfer St	5.71	37:05	6:29	18	10:35	18	10:35	52.37	5:05:52	5:50	15	1:15:06	15	1:15:06
VP10 - Sportplatz	6.50	41:23	6:21	14	9:26	14	9:26	58.87	5:47:15	5:53	15	1:24:32	15	1:24:32
VP11 - Königsw	6.22	40:38	6:31	38	14:03	38	14:03	65.09	6:27:53	5:57	17	1:36:08	17	1:36:08
VP12 - Gedenkst	6.85	49:17	7:11	38	19:06	38	19:06	71.94	7:17:10	6:04	17	1:52:23	17	1:52:23
VP13 - Brauhaus	6.88	56:07	8:09	40	25:24	40	25:24	78.82	8:13:17	6:15	19	2:13:35	19	2:13:35
VP14 - Revierförs	5.70	47:37	8:21	38	20:50	38	20:50	84.52	9:00:54	6:23	23	2:30:01	23	2:30:01
VP15 - Schloss S	6.24	48:01	7:41	36	19:33	36	19:33	90.76	9:48:55	6:29	23	2:45:06	23	2:45:06
VP16 - Pagel & Fi	7.60	45:36	6:00	26	13:30	26	13:30	98.36	10:34:31	6:27	23	2:58:36	23	2:58:36
VP17 - Karolinenl	4.91	28:13	5:44	19	6:57	19	6:57	103.27	11:02:44	6:25	22	3:05:33	22	3:05:33
VP18 - Falkensee	6.60	40:10	6:05	21	10:31	21	10:31	109.87	11:42:54	6:23	23	3:16:04	23	3:16:04
VP19 - Schönwal	5.95	38:24	6:27	27	11:34	27	11:34	115.82	12:21:18	6:24	23	3:27:38	23	3:27:38
VP20 - Grenzturn	7.60	53:55	7:05	29	17:06	29	17:06	123.42	13:15:13	6:26	22	3:33:06	22	3:33:06
VP21 - Ruderclub	4.78	31:59	6:41	22	12:45	22	12:45	128.20	13:47:12	6:27	21	3:42:08	21	3:42:08
VP22 - Frohnau	4.07	21:33	5:17	14	4:47	14	4:47	132.27	14:08:45	6:25	19	3:43:02	19	3:43:02
VP23 - Naturschu	6.61	32:33	4:55	4	4:30	4	4:30	138.88	14:41:18	6:20	17	3:40:59	17	3:40:59
VP24 - Oranienbu	4.98	25:34	5:08	11	3:59	11	3:59	143.86	15:06:52	6:18	17	3:41:34	17	3:41:34
VP25 - Laufftreff l	5.34	27:55	5:13	12	27:35	12	27:35	149.20	15:34:47	6:15	17	3:44:21	17	3:44:21
VP26 - Wilhelmsr	5.72	30:54	5:24	15	9:42	15	9:42	154.92	16:05:41	6:14	17	3:49:56	17	3:49:56
VP27 - Wollankst	3.02	19:15	6:22	13	4:52	13	4:52	157.94	16:24:56	6:14	17	3:54:48	17	3:54:48
Friedrich-Ludwig	3.96	21:50	5:30	15	8:29	15	8:29	161.90	16:46:46	6:13	16	3:59:36	16	3:59:36