



100MeilenBerlin □ Berlin Wall Race 100 Miles

Berlin / 13.08.2016

Detailed evaluation

2 FAST 4 YOU

Club: 2 FAST 4 YOU

Number: 4023

Course: 161.90 km

100MeilenBerlin - 4er Staffel

Category:

4er Staffel

Total time: 17:01:58

Speed: 9.45 km/h

Running performance: 6:19 min/km

Rank in course/Total: 20 (of 51)

Rank in course/Total: 20 (of 51)

Best time in course: 12:47:10

Rank in category: 20(of 51)

Best time in the category: 12:47:10

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
VP1 - Brandenbu	7.30	47:07	6:27	44	17:52	44	17:52	7.30	47:07	6:27	44	17:52	44	17:52
VP2 - East Side C	6.46	43:43	6:46	41	16:56	41	16:56	13.76	1:30:50	6:36	42	34:48	42	34:48
VP3 - Dammweg	5.90	39:42	6:43	41	14:07	41	14:07	19.66	2:10:32	6:38	42	48:55	42	48:55
VP4 - Johannisth	5.64	36:16	6:25	29	11:35	29	11:35	25.30	2:46:48	6:35	36	59:56	36	59:56
VP5 - U-Bahnhof	5.90	39:10	6:38	30	13:50	30	13:50	31.20	3:25:58	6:36	33	1:13:46	33	1:13:46
VP6 - Buckow	4.92	33:19	6:46	23	11:36	23	11:36	36.12	3:59:17	6:37	33	1:25:07	33	1:25:07
VP7 - Kirchhainer	6.17	41:16	6:41	20	12:46	20	12:46	42.29	4:40:33	6:38	31	1:37:13	31	1:37:13
VP8 - Lichtenradi	4.37	27:56	6:23	19	7:40	19	7:40	46.66	5:08:29	6:36	30	1:44:53	30	1:44:53
VP9 - Osdorfer St	5.71	35:03	6:08	14	8:33	14	8:33	52.37	5:43:32	6:33	28	1:52:46	28	1:52:46
VP10 - Sportplatz	6.50	39:31	6:04	12	7:34	12	7:34	58.87	6:23:03	6:30	24	2:00:20	24	2:00:20
VP11 - Königswe	6.22	35:15	5:40	21	8:40	21	8:40	65.09	6:58:18	6:25	24	2:06:33	24	2:06:33
VP12 - Gedenkst	6.85	38:47	5:39	16	8:36	16	8:36	71.94	7:37:05	6:21	21	2:12:18	21	2:12:18
VP13 - Brauhaus	6.88	41:05	5:58	18	10:22	18	10:22	78.82	8:18:10	6:19	23	2:18:28	23	2:18:28
VP14 - Revierförs	5.70	37:00	6:29	18	10:13	18	10:13	84.52	8:55:10	6:19	22	2:24:17	22	2:24:17
VP15 - Schloss S	6.24	39:53	6:23	18	11:25	18	11:25	90.76	9:35:03	6:20	21	2:31:14	21	2:31:14
VP16 - Pagel & Fi	7.60	45:04	5:55	23	12:58	23	12:58	98.36	10:20:07	6:18	20	2:44:12	20	2:44:12
VP17 - Karolinenl	4.91	30:02	6:07	28	8:46	28	8:46	103.27	10:50:09	6:17	20	2:52:58	20	2:52:58
VP18 - Falkensee	6.60	41:22	6:16	25	11:43	25	11:43	109.87	11:31:31	6:17	19	3:04:41	19	3:04:41
VP19 - Schönwal	5.95	41:03	6:53	31	14:13	31	14:13	115.82	12:12:34	6:19	20	3:18:54	20	3:18:54
VP20 - Grenzturn	7.60	58:55	7:45	33	22:06	33	22:06	123.42	13:11:29	6:24	21	3:29:22	21	3:29:22
VP21 - Ruderclub	4.78	38:30	8:03	40	19:16	40	19:16	128.20	13:49:59	6:28	23	3:44:55	23	3:44:55
VP22 - Frohnau	4.07	22:02	5:24	19	5:16	19	5:16	132.27	14:12:01	6:26	22	3:46:18	22	3:46:18
VP23 - Naturschu	6.61	38:35	5:50	22	10:32	22	10:32	138.88	14:50:36	6:24	19	3:50:17	19	3:50:17
VP24 - Oranienbu	4.98	28:13	5:39	18	6:38	18	6:38	143.86	15:18:49	6:23	19	3:53:31	19	3:53:31
VP25 - Laufftreff l	5.34	29:38	5:32	16	29:18	16	29:18	149.20	15:48:27	6:21	19	3:58:01	19	3:58:01
VP26 - Wilhelmsr	5.72	30:58	5:24	16	9:46	16	9:46	154.92	16:19:25	6:19	19	4:03:40	19	4:03:40
VP27 - Wollankst	3.02	20:46	6:52	16	6:23	16	6:23	157.94	16:40:11	6:19	20	4:10:03	20	4:10:03
Friedrich-Ludwig	3.96	21:47	5:30	14	8:26	14	8:26	161.90	17:01:58	6:18	20	4:14:48	20	4:14:48