



100MeilenBerlin □ Berlin Wall Race 100 Miles

Berlin / 13.08.2016

Detailed evaluation

Grenzläufer

Club: Grenzläufer

Number: 4025

Course: 161.90 km

100MeilenBerlin - 4er Staffel

Category:

4er Staffel

Total time: 17:39:52

Speed: 9.11 km/h

Running performance: 6:33 min/km

Rank in course/Total: 24 (of 51)

Rank in course/Total: 24 (of 51)

Best time in course: 12:47:10

Rank in category: 24(of 51)

Best time in the category: 12:47:10

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
VP1 - Brandenbu	7.30	44:45	6:07	38	15:30	38	15:30	7.30	44:45	6:07	38	15:30	38	15:30
VP2 - East Side G	6.46	43:10	6:40	36	16:23	36	16:23	13.76	1:27:55	6:23	36	31:53	36	31:53
VP3 - Dammweg	5.90	39:31	6:41	39	13:56	39	13:56	19.66	2:07:26	6:28	37	45:49	37	45:49
VP4 - Johannisth	5.64	40:39	7:12	41	15:58	41	15:58	25.30	2:48:05	6:38	39	1:01:13	39	1:01:13
VP5 - U-Bahnhof	5.90	44:04	7:28	41	18:44	41	18:44	31.20	3:32:09	6:47	39	1:19:57	39	1:19:57
VP6 - Buckow	4.92	39:17	7:59	43	17:34	43	17:34	36.12	4:11:26	6:57	37	1:37:16	37	1:37:16
VP7 - Kirchhainer	6.17	50:30	8:11	39	22:00	39	22:00	42.29	5:01:56	7:08	37	1:58:36	37	1:58:36
VP8 - Lichtenradi	4.37	30:41	7:01	26	10:25	26	10:25	46.66	5:32:37	7:07	37	2:09:01	37	2:09:01
VP9 - Osdorfer St	5.71	44:38	7:49	39	18:08	39	18:08	52.37	6:17:15	7:12	37	2:26:29	37	2:26:29
VP10 - Sportplatz	6.50	1:00:54	9:22	45	28:57	45	28:57	58.87	7:18:09	7:26	38	2:55:26	38	2:55:26
VP11 - Königsw	6.22	36:40	5:53	27	10:05	27	10:05	65.09	7:54:49	7:17	38	3:03:04	38	3:03:04
VP12 - Gedenkst	6.85	42:25	6:11	28	12:14	28	12:14	71.94	8:37:14	7:11	38	3:12:27	38	3:12:27
VP13 - Brauhaus	6.88	51:18	7:27	36	20:35	36	20:35	78.82	9:28:32	7:12	38	3:28:50	38	3:28:50
VP14 - Revierförs	5.70	35:07	6:09	14	8:20	14	8:20	84.52	10:03:39	7:08	36	3:32:46	36	3:32:46
VP15 - Schloss S	6.24	44:41	7:09	30	16:13	30	16:13	90.76	10:48:20	7:08	34	3:44:31	34	3:44:31
VP16 - Pagel & Fi	7.60	45:09	5:56	25	13:03	25	13:03	98.36	11:33:29	7:03	35	3:57:34	35	3:57:34
VP17 - Karolinenl	4.91	29:22	5:58	25	8:06	25	8:06	103.27	12:02:51	6:59	35	4:05:40	35	4:05:40
VP18 - Falkensee	6.60	36:49	5:34	10	7:10	10	7:10	109.87	12:39:40	6:54	33	4:12:50	33	4:12:50
VP19 - Schönwal	5.95	38:11	6:25	24	11:21	24	11:21	115.82	13:17:51	6:53	32	4:24:11	32	4:24:11
VP20 - Grenzturn	7.60	52:03	6:50	23	15:14	23	15:14	123.42	14:09:54	6:53	31	4:27:47	31	4:27:47
VP21 - Ruderclub	4.78	47:28	9:55	47	28:14	47	28:14	128.20	14:57:22	6:59	32	4:52:18	32	4:52:18
VP22 - Frohnau	4.07	19:41	4:50	6	2:55	6	2:55	132.27	15:17:03	6:55	30	4:51:20	30	4:51:20
VP23 - Naturschu	6.61	32:43	4:56	8	4:40	8	4:40	138.88	15:49:46	6:50	30	4:49:27	30	4:49:27
VP24 - Oranienbu	4.98	24:07	4:50	4	2:32	4	2:32	143.86	16:13:53	6:46	29	4:48:35	29	4:48:35
VP25 - Laufftreff l	5.34	25:51	4:50	7	25:31	7	25:31	149.20	16:39:44	6:42	28	4:49:18	28	4:49:18
VP26 - Wilhelmsr	5.72	26:57	4:42	6	5:45	6	5:45	154.92	17:06:41	6:37	26	4:50:56	26	4:50:56
VP27 - Wollankst	3.02	15:12	5:01	2	0:49	2	0:49	157.94	17:21:53	6:35	24	4:51:45	24	4:51:45
Friedrich-Ludwig	3.96	17:59	4:32	3	4:38	3	4:38	161.90	17:39:52	6:32	24	4:52:42	24	4:52:42