



100MeilenBerlin □ Berlin Wall Race 100 Miles

Berlin / 13.08.2016

Detailed evaluation

Maes, Anita

Club: Antwerpen

Number: 205

Course: 161.90 km

100MeilenBerlin

Category:

Seniorinnen W35 (35-39 Jahre)

Total time: 18:59:53

Speed: 8.47 km/h

Running performance: 7:02 min/km

Rank in course/Total: 19 (of 319)

Rank in course/Women: 4 (of 62)

Best time in course: 17:03:32

Rank in category: 2(of 4)

Best time in the category: 18:29:55

Intermediate times

Stage score

Total ranking

Control	Stage score				Total ranking				Total					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
VP1 - Brandenbu	7.30	43:59	6:01	1	-	5	3:01	7.30	43:59	6:01	1	-	5	3:01
VP2 - East Side G	6.46	36:54	5:42	1	-	3	2:06	13.76	1:20:53	5:52	1	-	4	5:07
VP3 - Dammweg	5.90	33:32	5:41	1	-	2	2:35	19.66	1:54:25	5:49	1	-	4	7:42
VP4 - Johannisth	5.64	32:44	5:48	1	-	4	2:53	25.30	2:27:09	5:48	1	-	4	10:35
VP5 - U-Bahnhof	5.90	33:40	5:42	1	-	2	1:56	31.20	3:00:49	5:47	1	-	4	12:31
VP6 - Buckow	4.92	29:19	5:57	1	-	3	1:24	36.12	3:30:08	5:49	1	-	4	13:55
VP7 - Kirchhainer	6.17	37:21	6:03	1	-	4	2:00	42.29	4:07:29	5:51	1	-	4	15:55
VP8 - Lichtenradi	4.37	26:46	6:07	1	-	5	3:02	46.66	4:34:15	5:52	1	-	4	18:57
VP9 - Osdorfer St	5.71	32:02	5:36	1	-	1	-	52.37	5:06:17	5:50	1	-	4	17:59
VP10 - Sportplatz	6.50	41:33	6:23	1	-	5	5:07	58.87	5:47:50	5:54	1	-	4	22:17
VP11 - Königsw	6.22	38:41	6:13	1	-	2	1:45	65.09	6:26:31	5:56	1	-	4	18:44
VP12 - Gedenkst	6.85	45:16	6:36	1	-	4	4:16	71.94	7:11:47	6:00	1	-	4	19:40
VP13 - Brauhaus	6.88	47:10	6:51	1	-	4	3:53	78.82	7:58:57	6:04	1	-	4	19:58
VP14 - Revierförs	5.70	41:54	7:21	1	-	4	2:30	84.52	8:40:51	6:09	1	-	4	18:26
VP15 - Schloss S	6.24	45:35	7:18	1	-	3	5:20	90.76	9:26:26	6:14	1	-	4	23:46
VP16 - Pagel & Fi	7.60	57:35	7:34	2	3:15	6	4:55	98.36	10:24:01	6:20	1	-	4	28:41
VP17 - Karolinenl	4.91	37:29	7:38	2	0:30	4	6:11	103.27	11:01:30	6:24	1	-	4	34:52
VP18 - Falkensee	6.60	52:23	7:56	2	10:04	9	11:10	109.87	11:53:53	6:29	1	-	4	46:02
VP19 - Schönwal	5.95	45:07	7:34	2	7:18	5	7:18	115.82	12:39:00	6:33	1	-	4	47:45
VP20 - Grenzturn	7.60	55:47	7:20	2	6:02	3	7:22	123.42	13:34:47	6:36	1	-	2	55:07
VP21 - Ruderclub	4.78	37:53	7:55	2	3:24	5	4:59	128.20	14:12:40	6:39	1	-	3	1:00:06
VP22 - Frohnau	4.07	34:05	8:22	2	7:49	5	7:49	132.27	14:46:45	6:42	1	-	3	1:07:32
VP23 - Naturschu	6.61	56:57	8:36	2	10:53	6	10:53	138.88	15:43:42	6:47	1	-	3	1:17:58
VP24 - Oranienbu	4.98	42:28	8:31	2	8:46	5	8:48	143.86	16:26:10	6:51	1	-	3	1:26:46
VP25 - Laufftreff l	5.34	45:47	8:34	2	9:43	7	9:43	149.20	17:11:57	6:54	2	4:22	4	1:34:17
VP26 - Wilhelmsr	5.72	44:18	7:44	2	5:33	4	6:22	154.92	17:56:15	6:56	2	9:55	4	1:40:39
VP27 - Wollankst	3.02	33:25	11:03	3	12:01	21	12:01	157.94	18:29:40	7:01	2	21:56	4	1:50:32
Friedrich-Ludwig	3.96	30:13	7:37	3	8:02	11	8:02	161.90	18:59:53	7:02	2	29:58	4	1:56:21