



7. Drei-Kirchen-Neujahrslauf  
Günthersleben / 17.01.2016

Detailed evaluation

Krannich, Steffen

Number: 1099

Course: 10.00 km  
Hauptlauf

Category:  
Senioren M45 (45-49 Jahre)

Total time: 44:31

Speed: 13.48 km/h

Running performance: 4:27 min/km

Rank in course/Total: 51 (of 142)

Rank in course/Men: 48 (of 103)

Best time in course: 31:58

Rank in category: 10(of 18)

Best time in the category: 39:03